

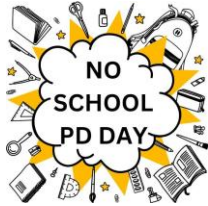
# What's on the Menu?

## Wintergreen 5-8 November Breakfast Menu

**Staff Price**  
**\$5.55**



**aces**  
area cooperative educational services

| Monday                                                                                                                                                                                                                                           | Tuesday                                                                                                                                                                                                                                                   | Wednesday                                                                                                                                                                                                                                                   | Thursday                                                                                                                                                                                                                    | Friday                                                                                                                                                                                                                                                 |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>2</p> <p>Whole Grain Cinnamon roll</p>  <p>Assorted Fruit Juice<br/>Assorted Chilled Fruit<br/>Assorted Fresh Local Seasonal Fruit</p>                       | <p>3</p> <p><b>NO SCHOOL PD DAY</b></p>                                                                                                                                  | <p>4</p> <p>Lemonade Smoothie<br/>Honey Graham Crackers</p>  <p>Assorted Fruit Juice<br/>Assorted Chilled Fruit<br/>Assorted Fresh Local Seasonal Fruit</p>                | <p>5</p> <p>Apple Cinnamon Oatmeal</p>  <p>Assorted Fruit Juice<br/>Assorted Chilled Fruit<br/>Assorted Fresh Local Seasonal Fruit</p>    | <p>6</p> <p>Scrambled Cheezy Eggs<br/>Whole Wheat Toast</p>  <p>Assorted Fruit Juice<br/>Assorted Chilled Fruit<br/>Assorted Fresh Local Seasonal Fruit</p>         |
| <p>9</p> <p>Sausage, Egg, and Cheese Biscuit Sandwich</p>  <p>Assorted Fruit Juice<br/>Assorted Chilled Fruit<br/>Assorted Fresh Local Seasonal Fruit</p>       | <p>10</p> <p>Apple Cinnamon Muffin<br/><b>String Cheese</b></p>  <p>Assorted Fruit Juice<br/>Assorted Chilled Fruit<br/>Assorted Fresh Local Seasonal Fruit</p>          | <p>11</p> <p><b>VETERANS DAY</b><br/>HONORING ALL WHO SERVED</p>  <p>Assorted Fruit Juice<br/>Assorted Chilled Fruit<br/>Assorted Fresh Local Seasonal Fruit</p>           | <p>12</p> <p>Two Warm Pancakes</p>  <p>Assorted Fruit Juice<br/>Assorted Chilled Fruit<br/>Assorted Fresh Local Seasonal Fruit</p>        | <p>13</p> <p>Scrambled Egg Pizza</p>  <p>Assorted Fruit Juice<br/>Assorted Chilled Fruit<br/>Assorted Fresh Local Seasonal Fruit</p>                                |
| <p>16</p> <p>Colby Jack Cheese Omelet<br/>Whole Wheat Toast</p>  <p>Assorted Fruit Juice<br/>Assorted Chilled Fruit<br/>Assorted Fresh Local Seasonal Fruit</p> | <p>17</p> <p>Whole Grain Banana Muffin<br/><b>String Cheese</b></p>  <p>Assorted Fruit Juice<br/>Assorted Chilled Fruit<br/>Assorted Fresh Local Seasonal Fruit</p>     | <p>18</p> <p>Pineapple Orange Smoothie<br/>Honey Graham Crackers</p>  <p>Assorted Fruit Juice<br/>Assorted Chilled Fruit<br/>Assorted Fresh Local Seasonal Fruit</p>      | <p>19</p> <p>Two Whole Grain Waffles</p>  <p>Assorted Fruit Juice<br/>Assorted Chilled Fruit<br/>Assorted Fresh Local Seasonal Fruit</p> | <p>20</p> <p>Bagel with Cream Cheese, Sunbutter or Grape Jelly</p>  <p>Assorted Fruit Juice<br/>Assorted Chilled Fruit<br/>Assorted Fresh Local Seasonal Fruit</p> |
| <p>23</p> <p>Bacon, Egg, and Cheese Bagel Sandwich</p>  <p>Assorted Fruit Juice<br/>Assorted Chilled Fruit<br/>Assorted Fresh Local Seasonal Fruit</p>        | <p>24</p> <p>Whole Grain Blueberry Muffin<br/><b>String Cheese</b></p>  <p>Assorted Fruit Juice<br/>Assorted Chilled Fruit<br/>Assorted Fresh Local Seasonal Fruit</p> | <p>25</p> <p>Apple Cinnamon Yogurt Parfait<br/>With Homemade Granola</p>  <p>Assorted Fruit Juice<br/>Assorted Chilled Fruit<br/>Assorted Fresh Local Seasonal Fruit</p> | <p>26</p> <p><b>THANKSGIVING BREAK</b></p>                                                                                              |                                                                                                                                                                                                                                                        |
| <p>30</p> <p>Ham, Egg, and Cheese Bagel Sandwich</p>  <p>Assorted Fruit Juice<br/>Assorted Chilled Fruit<br/>Assorted Fresh Local Seasonal Fruit</p>          |                                                                                                                                                                                                                                                           |                                                                                                                                                                                                                                                             |                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                        |
| <p><b>Assorted Low Sugar Cereal w/ String Cheese</b></p>                                                                                                                                                                                         | <p><b>Assorted Low Sugar Cereal w/ String Cheese</b></p>                                                                                                                                                                                                  | <p><b>Assorted Low Sugar Cereal w/ String Cheese</b></p>                                                                                                                                                                                                    | <p><b>Assorted Low Sugar Cereal w/ String Cheese</b></p>                                                                                                                                                                    | <p><b>Assorted Low Sugar Cereal w/ String Cheese</b></p>                                                                                                                                                                                               |

**BREAKFAST:** A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white, skim, and skim chocolate.

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Visit: [aces.nutrislice.com](https://www.aces.nutrislice.com) to see your menu!

 **Vegetarian**  
 **Locally Grown**

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