



What's on the Menu?

Whitney Academy/North Summer School Lunch Menu



Staff Price \$5.25

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Chicken Ranch Wrap 	2 Classic Cheese Pizza 	3 
Week 1 :1) Hot 2) Ham and Cheese Sandwich includes 1 cup of fruit or 1 cup of vegetable				
6 Chicken Patti Sandwich 	7 Beef Tacos Shredded Lettuce Dice Tomatoes Salsa and Sour Cream 	8 Chicken Ranch Wrap 	9 Classic Cheese Pizza 	10 Classic Cheeseburger 
Week 2 :1) Hot 2) Bagel Fun Lunch includes 1 cup of fruit or 1 cup of vegetable				
13 Chicken Patti Sandwich 	14 Beef Tacos Shredded Lettuce Dice Tomatoes Salsa and Sour Cream 	15 Chicken Ranch Wrap 	16 Classic Cheese Pizza 	17 Classic Cheeseburger 
Week 3: 1) Hot Lunch 2) Turkey and Cheese Sandwich includes 1 cup of fruit or 1 cup of vegetable				
20 Chicken Patti Sandwich 	21 Beef Tacos Shredded Lettuce Dice Tomatoes Salsa and Sour Cream 	22 Chicken Ranch Wrap 	23 Classic Cheese Pizza 	24 Classic Cheeseburger 
Week 4: 1) Hot Lunch 2) Chicken Caesar Salad with Two Warm Dinner Rolls includes 1 cup of fruit or 1 cup of vegetable				
27 	28 	29 	30 	31
Fresh Fruit and Vegetable Bar (Available Daily)				
Sliced Cucumber Fresh Carrots Assorted Fresh Fruit (LG) Assorted Chilled Fruit	Pepper Strips Fresh Grape Tomatoes Assorted Fresh Fruit (LG) Assorted Chilled Fruit	Fresh Caesar Salad German Potato Salad Assorted Fresh Fruit (LG) Assorted Chilled Fruit	Fresh Broccoli Florets Garbanzo Beans Assorted Fresh Fruit (LG) Assorted Chilled Fruit	Celery Sticks Power Peas Assorted Fresh Fruit (LG) Assorted Chilled Fruit



Visit aces.nutrislice.com to see your menu!

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THE 5 MEAL COMPONENTS FOR A SCHOOL LUNCH ARE MEAT/MEAT ALTERNATE, GRAIN, FRUIT, VEGETABLE AND MILK CHOICES THAT INCLUDE 1% WHITE, FAT FREE STRAWBERRY, FAT FREE CHOCOLATE.

CHOOSE AT LEAST 3 INCLUDING : 1/2 CUP OF FRUIT OR VEGETABLE AND AT LEAST TWO OTHER FULL COMPONENTS. FOR BEST NUTRITION: CHOOSE ALL 5!!!

