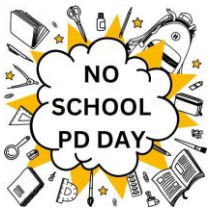
What's on the Menu?

Staff Price $5.55 Mill Road November Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Whole Grain Cinnamon roll Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	3  	4 Lemonade Smoothie Honey Graham Crackers Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	5 Apple Cinnamon Oatmeal Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	6 Scrambled Cheezy Eggs Whole Wheat Toast Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
9 Sausage, Egg, and Cheese Biscuit Sandwich Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	10 Apple Cinnamon Muffin String Cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	11 	12 Two Warm Pancakes Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	13 Scrambled Egg Pizza Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
16 Colby Jack Cheese Omelet Whole Wheat Toast Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	17 Whole Grain Banana Muffin String Cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	18 Pineapple Orange Smoothie Honey Graham Crackers Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	19 Two Whole Grain Waffles Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	20 Bagel with Cream Cheese, Sunbutter or Grape Jelly Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
23 Bacon, Egg, and Cheese Bagel Sandwich Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	24 Whole Grain Blueberry Muffin String Cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	25 Apple Cinnamon Yogurt Parfait With Homemade Granola Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	26 	27
30 Ham, Egg, and Cheese Bagel Sandwich Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit				
		ALTERNATE DAILY OPTION		
Assorted Low Sugar Cereal w/ String Cheese	Assorted Low Sugar Cereal w/ String Cheese	Assorted Low Sugar Cereal w/ String Cheese	Assorted Low Sugar Cereal w/ String Cheese	Assorted Low Sugar Cereal w/ String Cheese

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white, skim, and skim chocolate.

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Vegetarian
Locally Grown

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