

# What's on the Menu?

Staff Price \$5.45

## Mill May Breakfast Menu



**Student Gluten Free Options**  
Cereal, Bagels, Bread and Pizza



Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	1
				Bagel with Cream Cheese, Sun butter, or Jelly  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
4	5	6	7	8
Ham, Egg, and Cheese Bagel Sandwich  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Whole Grain Blueberry Muffin String Cheese  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Pineapple Orange Smoothie Honey Graham Crackers  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Three French Toast Sticks  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Scrambled Cheezy Eggs Whole Wheat Toast  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
11	12	13	14	15
Sausage, Egg, and Cheese Biscuit Sandwich  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Whole Grain Banana Muffin String Cheese  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Apple Cinnamon Yogurt Parfait With Homemade Granola  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Buttermilk Whole Grain Pancakes  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Bagel with Cream Cheese, Sun butter, or Jelly  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
18	19	20	21	22
Bacon, Egg, and Cheese Bagel Sandwich  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Apple Cinnamon Muffin String Cheese  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Banana Split Smoothie Honey Graham Crackers  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Cinnamon Roll  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Scrambled Egg Pizza  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
25	26	27	28	29
 <b>MEMORIAL DAY</b> REMEMBERING & HONORING ALL WHO SERVED	Whole Grain Chocolate Chip Muffin String Cheese  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Blueberry/Strawberry French Toast Parfait  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Two Whole Grain Waffles  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Colby Jack Cheese Omelet Whole Wheat Toast  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
<b>Assorted Low Sugar Cereal w/ String Cheese</b>	<b>Assorted Low Sugar Cereal w/ String Cheese</b>	<b>ALTERNATE DAILY OPTION</b> <b>Assorted Low Sugar Cereal w/ String Cheese</b>	<b>Assorted Low Sugar Cereal w/ String Cheese</b>	<b>Assorted Low Sugar Cereal w/ String Cheese</b>

**BREAKFAST:** A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white, skim, and skim chocolate.



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