

# What's on the Menu?

Staff Price \$5.45

## Mill March Breakfast Menu



**Student Gluten Free Options**  
Cereal, Bagels, Bread and Pizza



Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Bacon, Egg, and Cheese Bagel Sandwich</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>3 Whole Grain Chocolate Chip Muffin</p> <p><b>String Cheese</b></p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>4 Blueberry/Strawberry French Toast Parfait</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>5 Two Whole Grain Waffles</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>6 Bagel with Cream Cheese, Sun butter, or Jelly</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>
<p>9 Ham, Egg, and Cheese Bagel Sandwich</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>10 Whole Grain Blueberry Muffin</p> <p><b>String Cheese</b></p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>11 Pineapple Orange Smoothie Honey Graham Crackers</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>12 Three French Toast Sticks</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>13 Scrambled Cheezy Eggs Whole Wheat Toast</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>
<p>16 Sausage, Egg, and Cheese Biscuit Sandwich</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>17 Whole Grain Banana Muffin</p> <p><b>String Cheese</b></p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>18 Apple Cinnamon Yogurt Parfait With Homemade Granola</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>19 Buttermilk Whole Grain Pancakes</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>20 Bagel with Cream Cheese, Sun butter, or Jelly</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>
<p>23 Egg, and Cheese English Muffin Sandwich</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>24 Apple Cinnamon Muffin</p> <p><b>String Cheese</b></p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>25 Banana Split Smoothie Honey Graham Crackers</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>26 Cinnamon Roll</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>27 Scrambled Egg Pizza</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>
<p>30 Colby Jack Cheese Omelet Whole Wheat Toast</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>31 Whole Grain Chocolate Chip Muffin</p> <p><b>String Cheese</b></p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<b>ALTERNATE DAILY OPTION</b>		
<b>Assorted Low Sugar Cereal w/ String Cheese</b>	<b>Assorted Low Sugar Cereal w/ String Cheese</b>	<b>Assorted Low Sugar Cereal w/ String Cheese</b>	<b>Assorted Low Sugar Cereal w/ String Cheese</b>	<b>Assorted Low Sugar Cereal w/ String Cheese</b>

**BREAKFAST:** A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white, skim, and skim chocolate.

  
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