what's for breakfast?

aces area cooperative educational services

Bridge: March Breakfast in the Classroom (BIC) Menu

Staff Price $5.45

Monday	Tuesday	Wednesday	Thursday	Friday
2 Whole Grain Fruit Muffin String Cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	3 Whole Grain Bagel Cream Cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	4 Nutrigrain Bar String Cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	5 Assorted Cereals with Yogurt or string cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	6 Apple Cinnamon Yogurt Parfait Granola on the side Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
9 Whole Grain Fruit Muffin String Cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	10 Whole Grain Bagel Cream Cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	11 Nutrigrain Bar String Cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	12 Assorted Cereals with Yogurt or string cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	13 Strawberry Yogurt Parfait Granola on the side Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
16 Whole Grain Fruit Muffin String Cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	17 Whole Grain Bagel Cream Cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	18 Nutrigrain Bar String Cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	19 Assorted Cereals with Yogurt or string cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	20 Apple Cinnamon Yogurt Parfait Granola on the side Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
23 Whole Grain Fruit Muffin String Cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	24 Whole Grain Bagel Cream Cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	25 Nutrigrain Bar String Cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	26 Assorted Cereals with Yogurt or string cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	27 Strawberry Yogurt Parfait Granola on the side Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
30 Whole Grain Fruit Muffin String Cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	31 Whole Grain Bagel Cream Cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit			
		Daily Alternates		
Assorted Low Sugar Cereal w/ String Cheese	Assorted Low Sugar Cereal w/ String Cheese	Assorted Low Sugar Cereal w/ String Cheese	Assorted Low Sugar Cereal w/ String Cheese	Assorted Low Sugar Cereal w/ String Cheese

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) ½ cup fruit side dishes and a choice of milk. Milk choices include 1% white, skim white and skim chocolate.

Visit aces.nutrislice.com to see your menu!

Vegetarian Locally Grown

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