

What's on the Menu?

Staff Price
\$5.55

Bassett Road October Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
			Apple Cinnamon Oatmeal ¹  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Strawberry Banana Smoothie ² Honey Graham Crackers  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
Sausage, Egg, and Cheese Biscuit Sandwich ⁵  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Apple Cinnamon Muffin ⁶ String Cheese  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Lemonade Smoothie ⁷ Honey Graham Crackers  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Two Warm Pancakes ⁸  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Scrambled Egg Pizza ⁹  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
¹² 	Whole Grain Banana Muffin ¹³ String Cheese  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Pineapple Orange Smoothie ¹⁴ Honey Graham Crackers  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Two Whole Grain Waffles ¹⁵  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Bagel with Cream Cheese, Sunbutter or Grape Jelly ¹⁶  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
Bacon, Egg, and Cheese Bagel Sandwich ¹⁹  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Whole Grain Blueberry Muffin ²⁰ String Cheese  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Apple Cinnamon Yogurt Parfait ²¹ With Homemade Granola  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Three French Toast Sticks ²²  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Scrambled Cheezy Eggs ²³ Whole Wheat Toast  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
Ham, Egg, and Cheese Bagel Sandwich ²⁶  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Chocolate Chip Muffin ²⁷ String Cheese  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Banana Split Smoothie ²⁸ Honey Graham Crackers  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Whole Grain Cinnamon roll ²⁹  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Colby Jack Cheese Omelet ³⁰ Whole Wheat Toast  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
ALTERNATE DAILY OPTION				
Assorted Low Sugar Cereal w/ String Cheese	Assorted Low Sugar Cereal w/ String Cheese	Assorted Low Sugar Cereal w/ String Cheese	Assorted Low Sugar Cereal w/ String Cheese	Assorted Low Sugar Cereal w/ String Cheese

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white, skim, and skim chocolate.



Visit aces.nutrislice.com to see your menu!

USDA is an equal opportunity employer and provider

