Dear Parent/Guardian:

If your children qualify for free school meals or milk, you might also qualify for SNAP (formerly called Food Stamps). SNAP helps people buy food for themselves and their families. SNAP benefits are issued each month on plastic debit cards. You can use SNAP benefits to buy food at major supermarkets, neighborhood grocery stores, and some farmers’ markets authorized to accept SNAP.

How to Qualify
If and how much SNAP you qualify for depends on: your household’s income;
- allowable deductions to your household’s income (examples include monthly shelter expenses, medical bills, and court ordered child support);
- your household size; and
- at least 5 years U.S. residency for qualified non-citizens.

If you have access to the Internet, you can go online to see if you may be eligible for SNAP. Go to www.connect.ct.gov and click “Am I Eligible?”

Owning your own home or owning a car will not prevent you from being eligible for SNAP.

To Apply or Get More Information
- To find your local Connecticut Department of Social Services (DSS) office, call United Way's free referral number 2-1-1 (free call statewide).


- The following two organizations conduct outreach for DSS and can assist with applying for SNAP benefits:
  1. End Hunger CT! provides a SNAP eligibility screener (www.ctsnap.org) and call center (866-974-SNAP (7627)) to assist in determining eligibility. If you are eligible for SNAP, you will stretch your food dollars, support your school and community, and your kids get school meals at no cost. Many families are surprised they qualify – it is quick, easy and confidential to check by using the screener and call center.

  2. The Connecticut Association for Community Action (CAFCA) works with the following community action agencies that will help you enroll in SNAP:
Addendum C: Information on SNAP

<table>
<thead>
<tr>
<th>Agency</th>
<th>Phone Number</th>
<th>Areas Served</th>
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<tbody>
<tr>
<td>Action for Bridgeport Community Development, Inc. (ABCD)</td>
<td>203-386-8241</td>
<td>Greater Bridgeport Area and Upper Fairfield County</td>
</tr>
<tr>
<td>The Access Community Action Agency (Access)</td>
<td>860-450-7400</td>
<td>Windham and Tolland Counties</td>
</tr>
<tr>
<td>Community Action Agency of New Haven, Inc. (CAANH)</td>
<td>203-387-7700</td>
<td>Greater New Haven Area</td>
</tr>
<tr>
<td>The Community Action Agency of Western Connecticut, Inc. (CAAWC)</td>
<td>203-744-4700</td>
<td>Northwestern CT and Lower Fairfield County</td>
</tr>
<tr>
<td>Community Renewal Team, Inc. (CRT)</td>
<td>860-560-5600</td>
<td>Hartford and Middlesex County</td>
</tr>
<tr>
<td>Human Resources Agency of New Britain, Inc. (HRA)</td>
<td>860-225-8601</td>
<td>New Britain and Bristol Areas</td>
</tr>
<tr>
<td>New Opportunities, Inc. (NOI)</td>
<td>203-575-9799</td>
<td>Greater Waterbury, Meriden, and Torrington Areas</td>
</tr>
<tr>
<td>Thames Valley Council for Community Action, Inc. (TVCCA)</td>
<td>860-889-1365</td>
<td>Southeastern CT- New London County</td>
</tr>
<tr>
<td>Training Education and Manpower, Inc. (TEAM)</td>
<td>203-736-5420</td>
<td>Naugatuck Valley</td>
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Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

1. mail: U.S. Department of Agriculture
   Office of the Assistant Secretary for Civil Rights
   1400 Independence Avenue, SW
   Washington, D.C. 20250-9410;
2. fax: (202) 690-7442; or
3. email: program.intake@usda.gov.

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Inquiries regarding the Connecticut State Department of Education's nondiscrimination policies should be directed to: Levy Gillespie, Equal Employment Opportunity Director/Americans with Disabilities Coordinator (ADA), Connecticut State Department of Education, 450 Columbus Boulevard, Suite 607, Hartford, CT 06103, 860-807-2071, levy.gillespie@ct.gov.

This document is available at https://portal.ct.gov/-/media/SDE/Nutrition/NSLP/Forms/FreeRed/AddendumC.pdf.