Aces at CHASE students receive both an 80 minute physical education class and a 40 minute project adventure class each week.

**PHYSICAL EDUCATION:** Students are expected to have sneakers, gym clothes, deodorant, and a water bottle. Gym clothes may be shorts, sweats pants, leggings, joggers, and a tee shirt. We are encouraging students to bring a sweatshirt to have when we go outdoors. SNEAKERS are a must! We would also encourage students to bring a lock to secure their belongings in the locker room during their class period.

**Project Adventure:** Students should wear comfortable clothes (similar to gym clothes) to school that they will be able to be active in during class. SNEAKERS are a must!

**GRADING:** Students will be graded on being prepared with gym clothes, cooperation during class, and effort during activities.

**EXPECTATIONS:** Students are required to wear a mask while indoors, but may take off their mask during outdoor activities. Cellphones are “OFF and AWAY” during class. We like to have fun and expect students to try their best doing a wide variety of activities while promoting the development of personal fitness, cooperative skills, and leadership.

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