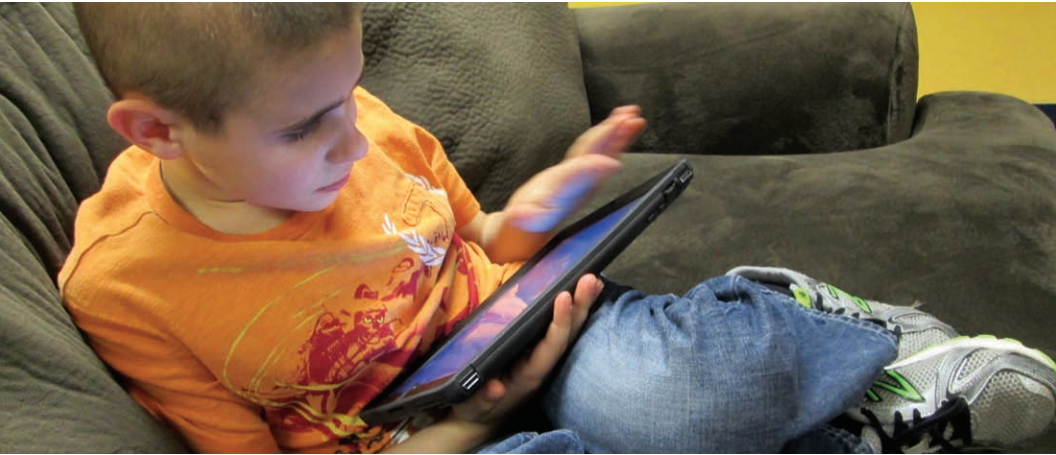




Center for Autism Spectrum and
Developmental Disorders



Principal: Leslie Peters | lpeters@aces.org

Director, Behavior Services: Dr. James A. Hoko | jhoko@aces.org

26 Old Post Road, Northford, CT 06472 | (203) 484-9501 | www.aces.org/casdd

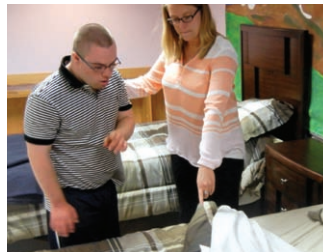
Independence by Design

Science-based Approaches to Independence and Life Skills (SAILS)

ACES Center for Autism Spectrum and Developmental Disorders (CASDD) uses science-based approaches to teach students independence and life skills. Developed at ACES, the SAILS program is based in the science of applied behavior analysis. Staff facilitates student independence through the instruction of academic, community, executive, social, communication, and life skills.

The goal of the CASDD SAILS program is to deliver high quality, evidence-based educational services to adolescents and young adults with autism and related developmental disorders. Speech therapy, occupational therapy, physical therapy, and social work services contribute to the transdisciplinary nature of the program. Instructional needs primarily center on the establishment of functional life skills within the home and community and/or skills prerequisite to successfully accessing high school or vocational settings.

Skills are taught in the community and contrived “naturalistic” settings (e.g., kitchen, family room, bedroom) to promote generalized and functional outcomes. The scope and sequence of instruction is highly structured, performance-based, and assessment-driven. Evidence-based practices are promoted in altering maladaptive behavior and teaching effective and efficient alternative responses.



ACES Center for Autism Spectrum and Developmental Disorders utilizes the science-based approaches to independence and life skills (SAILS) program. Developed at ACES, ACES SAILS program is based in the science of applied behavior analysis. We support student independence through the instruction of academic, community, executive, social, communication, and life skills.

Who We Serve

ACES Center for Autism Spectrum and Developmental Disorders (CASDD) services students aged 11 – 21 presenting with autism or other developmental disorders that require intensive academic, behavioral, and life skills instruction.

What Makes Us Unique?

ACES CASDD offers a 190-day school year and a summer session in July. The Center features small classes (maximum of 10 students per class) that are co-lead by a state-certified special education teacher and a board-certified behavior analyst with support from professionals in related services, including speech and occupational therapies. At ACES CASDD individualized instruction is provided on a one-to-one basis to facilitate skill acquisition and generalization to home and community settings.

Frequently Asked Questions

How do I schedule a tour?

If you're interested in learning more and taking a tour of ACES CASDD, please contact your district's special education director.

What are ACES CASDD's hours and schedule?

ACES CASDD's hours are 8:30 – 2:30 on Monday, Tuesday, Thursday, and Friday, and 8:30 – 1:00 on Wednesday.

Contact Us

Visit us on the web: www.aces.org/casdd

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