

# What's on the Menu?



Gluten free meal must be preordered.

THE **5 MEAL COMPONENTS** FOR A SCHOOL LUNCH ARE MEAT/MEAT ALTERNATE, GRAIN, 1 CUP FRUIT, 1 CUP VEGETABLE AND MILK CHOICES THAT INCLUDE 1% WHITE, FAT FREE WHITE AND FAT FREE CHOCOLATE.

**CHOOSE AT ATLEAST 3** INCLUDING : 1/2 CUP OF FRUIT OR VEGETABLE AND AT LEAST TWO OTHER FULL COMPONENTS. FOR BEST NUTRITION **CHOOSE ALL 5!!!**



Visit: [aces.nutrislice.com](http://aces.nutrislice.com) to see your menu!



USDA is an equal opportunity employer and provider.

## Chase 2025-2026

Staff Price \$5.45

Fun Lunch rotates every other week

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b>				
<b>Whole Grain Fruit Muffin</b> String Cheese  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	<b>Cereal Bar Kit</b>  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	<b>Whole Grain Bagel</b> <b>Cream Cheese</b> Gluten Free Bagel Available  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	<b>Whole Grain Fruit Muffin</b> String Cheese  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	<b>Nutrigrain Bar</b>  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
Gluten free Cereal Available Daily with a choice of yogurt or string cheese				
<b>Lunch</b>				
<b>Turkey or Ham and Cheese Sandwich</b> Gluten Free bread  <b>Sun butter Triple Decker</b> Gluten Free bread  <b>Muffin Fun Lunch</b>  Sliced Cucumber Fresh Baby Carrots Assorted Fresh Fruit Assorted Chilled Fruit	<b>Chicken Patty Sandwich</b> Gluten Free unbreaded Chicken on gluten free bread  <b>Sun butter Triple Decker</b> Gluten Free bread  <b>Muffin Fun Lunch</b>  Pepper Strips Fresh Grape Tomatoes Assorted Fresh Fruit Assorted Chilled Fruit	<b>Cheeseburger or Hamburger</b> Gluten Free bread  <b>Sun butter Triple Decker</b> Gluten Free bread  <b>Muffin Fun Lunch</b>  Fresh Side Garden Salad German Potato Salad Assorted Fresh Fruit Assorted Chilled Fruit	<b>Chicken Tenders Tater Tots</b> Gluten Free unbreaded Chicken and gluten free bread  <b>Sun butter Triple Decker</b> Gluten Free bread  <b>Muffin Fun Lunch</b>  Fresh Broccoli Florets Garbanzo Beans Assorted Fresh Fruit Assorted Chilled Fruit	<b>Whole Grain Cheese Pizza</b> Gluten Free pizza  <b>Sun butter Triple Decker</b> Gluten Free bread  <b>Muffin Fun Lunch</b>  Celery Sticks Power Peas Assorted Fresh Fruit Assorted Chilled Fruit

# Serving up happy & healthy

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**aces**  
area cooperative educational services

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Gluten free Cereal Available Daily with a choice of yogurt or string cheese <b>Lunch</b>				
<b>Turkey or Ham and Cheese Sandwich</b> Gluten Free bread  <b>Sun butter Triple Decker</b> Gluten Free bread  <b>Bagel Fun Lunch</b> Gluten Free Bagel Available  Sliced Cucumber Fresh Baby Carrots Assorted Fresh Fruit Assorted Chilled Fruit	<b>Chicken Patty Sandwich</b> Gluten Free unbreaded Chicken on gluten free bread  <b>Sun butter Triple Decker</b> Gluten Free bread  <b>Bagel Fun Lunch</b> Gluten Free Bagel Available  Pepper Strips Fresh Grape Tomatoes Assorted Fresh Fruit Assorted Chilled Fruit	<b>Cheeseburger or Hamburger</b> Gluten Free bread  <b>Sun butter Triple Decker</b> Gluten Free bread  <b>Bagel Fun Lunch</b> Gluten Free Bagel Available  Fresh Side Garden Salad German Potato Salad Assorted Fresh Fruit Assorted Chilled Fruit	<b>Chicken Tenders Tater Tots</b> Gluten Free unbreaded Chicken and gluten free bread  <b>Sun butter Triple Decker</b> Gluten Free bread  <b>Bagel Fun Lunch</b> Gluten Free Bagel Available  Fresh Broccoli Florets Garbanzo Beans Assorted Fresh Fruit Assorted Chilled Fruit	<b>Whole Grain Cheese Pizza</b> Gluten Free pizza  <b>Sun butter Triple Decker</b> Gluten Free bread  <b>Bagel Fun Lunch</b> Gluten Free Bagel Available  Celery Sticks Power Peas Assorted Fresh Fruit Assorted Chilled Fruit

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