

# Educate. Elevate. Illuminate.

ECA SPOTLIGHT: VOLUME 18

SEMESTER 2: WEEKS 19 & 20

**aces**

Educational Center for the Arts  
203-777-5451

[Kevin Buno](#), Principal  
[Amy Christman](#), Assistant Principal  
[Julie Massaro](#), School Counselor  
[Marsha Guglielmino](#), School Nurse  
[Seth Harris](#), Technical Director  
[Cinthia Cotto](#), Secretary  
[Mariane Banar-Fountain](#), Dance  
[Ingrid Schaeffer](#), Theatre  
[Saul Fussiner](#), Creative Writing  
[Johanna Bresnick](#), Visual Arts

## Dear ECA Community:

As we approach the one-year anniversary of our tenure at ECA, we wish to express our profound gratitude in this, our final newsletter of the 2023-2024 school year. It is our hope that these communications have fostered a deeper understanding of the many opportunities within our school. Moreover, they have allowed us to highlight the immense pride we hold for our students and staff, who dedicate so much time, creativity, and energy to their artistic endeavors.

We trust that this school year has been fulfilling for your students. For us, it has been exceptionally rewarding to witness the robust support extended to us from many. The ACES leadership has been pivotal in providing the necessary resources and guidance to support our school community. Our administrative team, department chairs, instructors, and staff consistently strive to personalize learning for each student, ensuring a unique and enriching educational experience. Additionally, our PACE organization, with its many committed leaders, has been instrumental in supporting the distinctive initiatives that set ECA apart from other institutions.

To you, our dedicated families: Your role in encouraging your students to achieve their best and realize their creative potential upon entering our doors is invaluable. We extend our deepest gratitude to each of you.

As we look forward to the coming months, we hope you find time to rest and rejuvenate. To our graduates and their families, we extend our best wishes as you embark on this new chapter in your lives. Please remember that you will always have a home at ECA.

We anticipate reconnecting with our returning families over the summer through our monthly newsletter, the first of which will be distributed in July. These updates will include important information to help you prepare for the upcoming academic year. In the meantime, we wish you well and hope to see you at our final events, listed below.

With warm regards,

*Kevin & Amy*

## ECA COMMUNITY EVENTS

Our 2023-2024 ECA Yearbook is complete and now available for purchase or viewing. A special thank you to ECA Visual Arts students, **Shiloh Aceto '25** and **Maia Coto '25**, for their time, creativity, and dedication on this memorable keepsake for our community and a special thank you to Visual Arts Instructor, **Kevin Van Aelst** for his guidance and expertise on the development of our yearbook.

The yearbook has been designed to include all students and staff with sections on memorable events throughout the year. Students, staff, and families can view the book and, if they so choose, purchase a hard copy for \$29.79. Please use this [link](#) to access the ECA '23-'24 Yearbook, which includes purchase information.

**Over** the past few weeks, ACES ECA has had some wonderful televised features. Please take a moment to view the following clips which highlight our work as a school and our upcoming 50<sup>th</sup> Anniversary Celebration on Friday, October 4<sup>th</sup>:

[ACES ECA Feature on "Great Day Connecticut" - WFSB](#)

**On Friday, May 17th**, ACES ECA brought the prom event back to our school community. Designed by our students, the theme focused on "The Roaring 20's."

Our junior and senior students gathered to celebrate, eat, take pictures, and DANCE with peers & staff as they celebrate a successful school year. For our seniors, it was a special memory as they initiated their closure here at ECA. A special THANK YOU to Assistant Principal, Amy Christman, our student leaders and families for helping to coordinate this event.

**On Thursday, May 23rd**, the ACES ECA Theatre Department students entertained audiences with two successful performances of "The Labor Project", a collection of scenes and songs celebrating the triumphs and trials of working people and labor related issues. It featured scenes that range from depression-era drama by Clifford Odets and Lillian Hellman to cutting edge contemporary plays by Lynn Nottage and Dominique Morrisseau.

Music ranged from the classic musical theatre catalogue, to pop to folk, and to punk. BRAVI to our student cast and technicians, to ECA Theatre Instructor and Director, Benjamin Curns, and to ECA Technical Director, Seth Harris, for their extraordinary work!

**On Thursday, May 30th**, the ACES ECA Music Department held its Spring Concert in the Little Theatre where students took charge of their learning, led the way, and shone.

*(cont.)*

## UPCOMING EVENTS

**Tuesday, June 4<sup>th</sup>**  
Creative Writing Readings  
2 & 6:30pm Little Theatre & Theatre Studio

**Wednesday, June 5<sup>th</sup>**  
Senior Dance  
Project Performance  
6:30pm ECA Arts Hall

**Thursday, June 6<sup>th</sup>**  
Senior Dance Project  
Performance 2 & 6:30pm  
ECA Arts Hall

**Thursday, June 6<sup>th</sup>**  
Music Department Recital  
1:30 pm Neighborhood  
Music School

**Monday, June 10<sup>th</sup>**  
Graduation Day 1:00 pm  
Audubon Street Plaza  
[Graduation Letter](#)

Our audience was treated to a diverse program, featuring compositions by our own students. The performance featured students both performing and conducting. Alongside them was our dedicated music faculty, who provided exceptional guidance and unwavering support.

A special highlight was seeing faculty perform under the direction of our student conductors. BRAVI to our incredible music students, our amazing faculty, and a heartfelt thank you to our graduating seniors and our Tech Director extraordinaire, Seth Harris.

On Thursday, May 30th, the ACES ECA Visual Arts Department outdid themselves again as they presented their final exhibition for the '23-'24 school year. In addition to the incredible work



featured in our facility at 55 Audubon Street, our graduating seniors' work was prominently displayed in the gallery of Creative Arts Workshop directly across the street from our school.

We are grateful to our neighbors and friends for providing this space to showcase the culminating work of our graduates which will remain in display until June 10th. And, we're thankful to our Visual Arts Department Chair, Hanni Bresnick and our incredible Visual Arts faculty, Karen, Greyson, Paul, Kevin, Willie, Rebecca, Michelle, Zach, Christian, and Stephen, for their unwavering support and guidance.



Finally, please review the materials, below, from the office of ACES Family and Community Engagement.

Creative Writing

Creative Writing was displaced by the Theatre department this week due to their performances, so we created a makeshift rehearsal space in the first floor gallery. Here, all the students pose with their reading papers during a break in the rehearsal. The end-of-year reading, featuring fiction, flash fiction, memoir, poetry, and screenplays, will take place on June 4<sup>th</sup> at 2:15 and 6:30, in the Little Theatre.

Saul Fussiner, Department Chair

ACES/ECA DEPARTMENT HIGHLIGHTS

(Dance cont.) Guest Artist

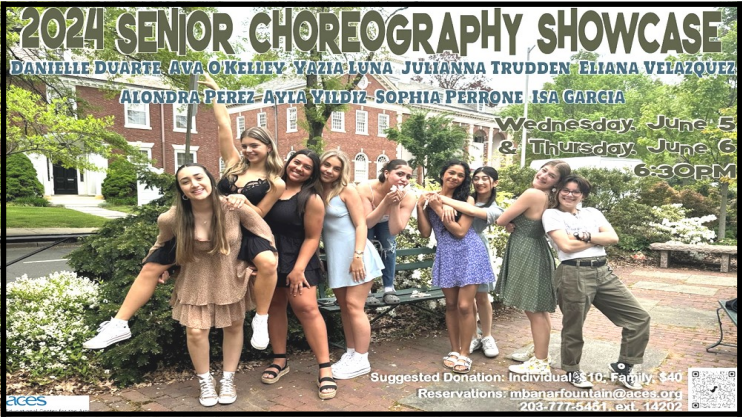
We are excited to welcome back choreographer Maria Cherniske. Maria is a fabulous teacher and a favorite guest artist of all the dancers. She will teach a master class in street jazz on Wednesday, June 12<sup>th</sup>.

Mariane Banar Fountain, Department Chair



Dance 2024 Senior Choreography Showcase June 5 & 6 @6:30 pm

Seniors are in their last few weeks of rehearsals for their senior pieces. Soon they will work with Seth Harris, ECA's technical director, to put their dances on stage with lighting and costumes in technical rehearsals. It's an exciting time! Our seniors: Ayla Yildiz, Eliana Velazquez, Julianna Trudden, Alondra Perez, Sophia Perrone, Ava O'Kelley, Yazia Luna, Isa Garcia and Danielle Duarte.



Senior Day Dance department juniors are planning our Senior Day festivities. Senior Day is for celebrating our senior class and is always filled with fun, food, speeches and a few tears.

Music

Congratulations to all students who performed in the Music Department's Spring Concert on May 30th! Students performed selections across multiple genres, including their very own compositions. Additionally, many students had the opportunity to conduct ensembles with some music faculty performing in these groups. BRAVI to our music students, our faculty - Will, Will, Michaela, Cynthia, Ashley, Gretchen, Oliver, Maggie, Polina, Ruben, Dean, Roy, & Yiran - and Tech Director, Seth Harris, for all of their hard work in providing a moving performance to all in attendance. And, a heartfelt THANK YOU to our graduating seniors: Sereen, Isaiah, Jonathan, Alexander, Daniel, Natalie, Angel, Israel, Jacob, Harrison, Amelia, Michelle, Mila, & James.

Upcoming Music Department events include... Thursday, June 6th - Music Department Recital at 1:30 pm (Neighborhood Music School)

Amy Christman & Kevin Buno, Co-Chairs



ACES/ECA DEPARTMENT HIGHLIGHTS (cont.)

Theatre

**We aren't done yet!** Though we are in the final stretch, there are so many events and sharings still happening internally in the Theatre Department.

Here is a look at our final days:

Tuesday, June 4: Seniors share their collective "Artist Collaborative" performance derived from their artist statement. Secret has it that it includes an SNL scene where students depict the faculty in a loving way. So much fun!

Thursday, June 6: Senior Day! Juniors plan this special day to honor our seniors. The day includes superlatives, speeches, a slide show, awards, an outdoor activity, and the reading of our traditional picture book, all under the umbrella of a special theme chosen by the juniors for the senior class.

Monday, June 10: Graduation with performances, reading and exhibits from all departments.

Tuesday, June 11: Our playwriting class shares short plays for the department.

Wednesday, June 12: Closure for the department. Each student shares a highlight from their year and something important they learned. This is followed by clown songs where students work in small groups to write a song and perform it.

Thursday, June 13: All students in the department work collaboratively in small groups to stage a picture book.

A special thanks to all our wonderful parents and guardians who send us such wonderful students. We are privileged to work in such an open and supportive environment where students' voices are honored and heard, and faculty work collaboratively to bring the best of theatre education to our community.

*Ingrid Schaeffer, Department Chair*

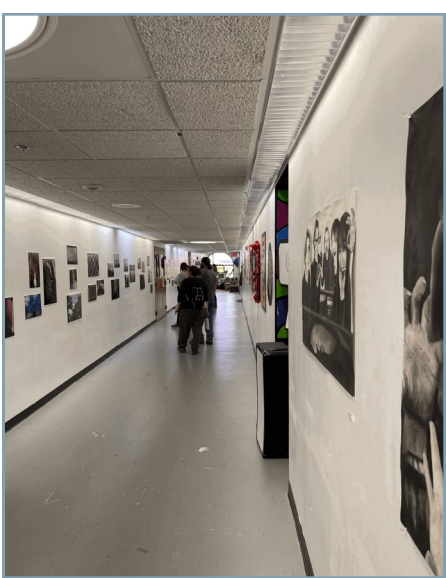
Visual Arts

Our Final Exhibition of the 2023-2024 school year was a success! Congratulations to our students, especially our graduating seniors, for their hard work and dedication. And a big thank you to all who came to support us. In addition to the incredible work featured in our facility at 55 Audubon Street, our graduating seniors' work was prominently displayed in the gallery of Creative Arts Workshop, directly across the street from our school, and will remain there until June 10th.

Highlights of the work that was featured last night:

As we look to the summer months, please consider furthering your art with Visual Arts Instructor, Karen Dow, as she presents sessions on the monotype process in June and July. The flyer, found below, will provide additional details on how to register for this workshop.

*Johanna (Hanni) Bresnick, Department Chair*



ACES ECA SOCIAL MEDIA

ACES ECA continues to celebrate accomplishments, provide information on upcoming events, and promote educational opportunities through our Facebook Page. We want to remind all who follow our social media that this is a platform used for informational purposes only. If there are any concerns, social media related or otherwise, we encourage you to reach out to Principal Kevin Buno via email ([KBuno@aces.org](mailto:KBuno@aces.org)) or phone (203-777-5451) at any time.

Our door is always open!



## **PACE** **Parents for Arts-Centered Education**

Please consider joining ACES ECA PACE (Parents for Arts-Centered Education) for the '24-'25 school year which provides immense support to the ongoing needs of our school. To indicate your interest in PACE and to join the mailing list, we invite all ECA families to complete [this short form](#).

A special **THANK YOU** to our '23-'24 school year PACE officers:  
**Sara Armstrong, president (parent of ECA Theatre student '24 & Theatre alumnus '21)**  
**Kitty Clemens, vice president (parent of ECA Music student '25),**  
**Nick Perrone, secretary (parent of ECA Dance student '24)**  
**Lisa Leamon, treasurer (parent of ECA Creative Writing student '25 & Theatre alumna '23)**

And, a warm welcome to our PACE officers for the '24-'25 school year:  
**Ali Parmelee, co-president (parent of ECA Visual Arts student '27)**  
**Amy Graver, co-president (parent of ECA Dance student '25)**  
**Eva Geertz, secretary (parent of ECA Creative Writing student '26)**

## **-ECA FACULTY FEATURE-**

explore your artistry with  
**KAREN DOW**  
[www.karenannedow.com](http://www.karenannedow.com)

# Monotype workshop



**THREE SESSIONS AVAILABLE**  
two-day sessions, noon - 4:00pm:

- **JUNE 21 & 22**
- **JULY 12 & 13**
- **JULY 19 & 20**

**\$300**  
end with 10 prints.  
materials all included.



Karen will walk you through the monotype process of layering color and imagery on day one. With access to a 24x28 inch Conrad Press, artists may work large or small with one-on-one guidance. After a brainstorming session to finalize designs, day two will be a focused printing day. This workshop is open to Beginning and Advanced students.

EMAIL TO REGISTER:  
**[kdow@aces.org](mailto:kdow@aces.org)**



Karen's Studio  
**Erector Square,**  
**315 Peck St, BLG 3 #C25**  
**New Haven**



# 2024 SUMMER WORK-BASED LEARNING EXPERIENCE PROGRAM

## REQUIREMENTS:

### HIGH SCHOOL STUDENTS

- PARTICIPATING YOUTH MUST BE IN THE 9TH GRADE OR HIGHER AT TIME OF APPLICATION SUBMISSION
- MUST BE AT LEAST THE AGE OF 14 • MAXIMUM AGE OF 21
- MUST BE A FULL-TIME HIGH SCHOOL STUDENT (INCLUDES ADULT EDUCATION)
- MUST RESIDE IN NEW HAVEN AND/OR ATTEND A NEW HAVEN PUBLIC HIGH SCHOOL

### COLLEGE STUDENTS

- MUST BE A FULL-TIME MATRICULATED STUDENT
- TRADE SCHOOLS ARE ACCEPTED IF FULL TIME STATUS IS DOCUMENTED
- MUST BE A NEW HAVEN RESIDENT
- MAXIMUM AGE IS 21 YEARS OLD



APPLICATIONS ARE  
OUT NOW!  
SCAN HERE TO APPLY



# MADD YOUTH INSIDER UPDATES



## EDUCATION

The youth department travelled to Old Saybrook last week to present Power of ME to over 100 middle schoolers, speaking about smart decision making and being a safe rider!



## FAMILY FUN DAY

MADD CT hosted Family Fun Day on the Branford Town Green this past weekend. We had lots of fun activities such as mini golf, Italian ice, face painting, and a mini petting zoo!



## MOCK CRASH

We attend the mock crash held at Fairfield University this week. The experience involved a live mock impaired driving crash and our MADD volunteers, Larry & Erin, who shared the impactful story of their son Kyle.



If you are interested in hosting a youth program or speaking with our youth department, please contact [Noelle.Swift@madd.org](mailto:Noelle.Swift@madd.org)



# SUMMER CAMP 2024 LIST

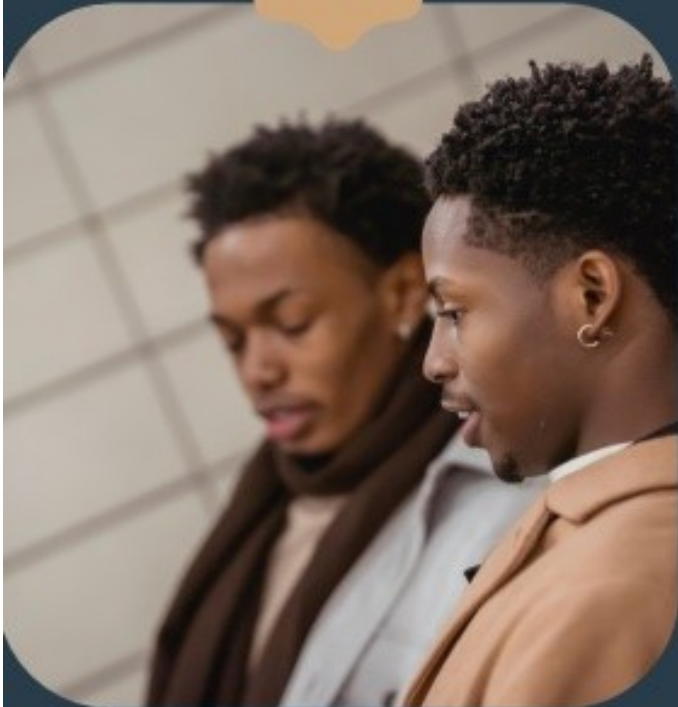
SUMMER CAMPS 2024 websites*	TOWN	Ages or Grades	Address	PHONE
<a href="#">Soundview Family YMCA Day Camps</a>	Branford	Ages 5-16	628 East Main Street	203-481-9622
<a href="#">Treehouse Players</a>	Centerbrook	3-15	109 Main Street	860-581-0143
<a href="#">Holiday Hill</a>	Cheshire	4-10	43 Candee Road	203-387-2267
<a href="#">Camp Hazen YMCA</a>	Chester	4-13	204 West Main Street	860-526-9529
<a href="#">Bulldog Rowing Campus -Yale University</a>	Derby	14-18	280 Roosevelt Drive	203.687.7829 or 203.494.8149
<a href="#">Fairfield Tennis Club</a>	Fairfield	Grades 3-10	210 Old Dam Road	203-254-0440
<a href="#">Missoula Children's Theatre</a>	Fairfield	Grades 1-12	1073 North Benson Road	203-254-4242
<a href="#">Summer Cabaret Workshop</a>	Fairfield	Ages 7 and up	Check website for locations	203.259.1036
<a href="#">New Era Gymnastics</a>	Hamden	5-17	1180 Sherman Avenue	203-281-1826
<a href="#">Hamden-North Haven YMCA</a>	Hamden	5-12	Check website for location	203-248-6361
<a href="#">Bushy Hill Nature Center Summer Day Camps</a>	Ivoryton	Check website for specific programs	253 Bushy Hill Road	860-767-2148
<a href="#">Day Camp at Deer Lake</a>	Killingworth	5-14	101 Paper Mill Road	203-421-8484
<a href="#">Camp Claire</a>	Lyme	Grades K-8	15 Oakland Avenue	860-434-0368
<a href="#">Camp Laurelwood</a>	Madison	6-16	463 Summer Hill Road	203-421-3736
<a href="#">Monroe Summer Day Camp</a>	Monroe	3 years old - students entering 8th grade	34 Church Street	contact info on website
<a href="#">Mystic Aquarium Summer Camp</a>	Mystic	K-5	55 Coogan Boulevard	860-572-5955
<a href="#">Mystic Seaport Camps (includes sailing and other fun optoins)</a>	Mystic	3-16	75 Germanville Avenue	888-973-2767
<a href="#">Camp Playland</a>	New Canaan	4-16	802 Ponus Ridge	203-966-2937
<a href="#">Audubon Arts at Neighborhood Music School</a>	New Haven	3-14	100 Audubon Street	203-624-5189
<a href="#">Foote School Summer Theatre Camp</a>	New Haven	Grades 7-12	Check website	203-777-3464
<a href="#">Foote School Summer Adventures</a>	New Haven	5 years and up	Check website	203-777-3564
<a href="#">Hopkins Summer School</a>	New Haven	4-14	986 Forest Road	203-387-1001
<a href="#">Schooner: Exploring Our Coast</a>	New Haven	Grades 7-12	60 South Water Street	203-562-6655
<a href="#">Elm Shakespear Teen Troupe Summer</a>	New Haven	Ages 13-18	Check website for locations	203.392.8882
<a href="#">Elm Shakespeare Players Camp</a>	New Haven	Ages 7-13	Check website for locations	203.392.8882
<a href="#">Shubert Summer Theater &amp; Arts Camp</a>	New Haven	6-12	247 College Street	203-624-1825
<a href="#">Two Coyotes Wilderness School</a>	Newtown	Grades 6-8	197 Huntingtown Road	203-843-3112
<a href="#">Crystal Theatre</a>	Norwalk	0-15	66 Bayview Avenue	203-847-4850
<a href="#">Maritime Rowing Club</a>	Norwalk	4-18	3 Jennings Place	203-854-5492
<a href="#">Oak Hills Tennis Club Camp</a>	Norwalk	5-18	165 Fallow Street	203-838-9110
<a href="#">Kate's Camp for Kids</a>	Old Saybrook	5-17	90 Main Street	860-767-0026
<a href="#">Bright Horizons at Yale West Campus</a>	Orange	5-10	117 West Campus Drive	203-795-3564 ext. 0
<a href="#">Camp Argo</a>	Orange	4-14 years	886 Mapledale Rd	203-799-2746
<a href="#">Camp Argo</a>	Orange	4-14 years	886 Mapledale Rd	203-799-2746
<a href="#">Giggling Pig</a>	Shelton, Milford, B	ages 4-16 years	Check website for locations	203-919-1153

**Holistic Behavioral Health  
Wellness Center Inc.**

# Men's Group Safe Space

To Secure a slot contact  
**Karina Cordaro** at  
[kcordero@holisticbhwc.org](mailto:kcordero@holisticbhwc.org) or  
**203-604-9009 ext 402**

Join  
it's  
Free



The purpose of our group is to provide a dedicated space for men to explore and address the unique challenges men face in relationships, work, and societal expectations. We aim to facilitate open and honest conversations that promote self-discovery, emotional intelligence, and personal development. Through shared experiences and mutual support, our purpose is to create a brotherhood that encourages authenticity, resilience, and positive transformation in the lives of our members.

**Thursday at 7pm Once a Month**



# Free Naloxone Training

Naloxone is an FDA approved medication designed to rapidly reverse opioid overdose. It can reverse and block the effects of other opioids, such as heroin, morphine, and oxycodone.

- Naloxone works in 2-3 minutes
- It can be administered by anyone
- It does not cause harm

**Naloxone Saves Lives.**



## 2024 Virtual Training Dates:

- ~~• Monday, March 11~~
- ~~• Monday, April 8~~
- ~~• Monday, May 13~~
- Monday, June 10

**Classes are 6-7pm**

**20 people per class**

**THE TRAINING WILL NOT BE RECORDED. ATTENDEES MUST ARRIVE BY 6:05 OR WILL NOT BE ALLOWED TO ENTER THE ZOOM.**



Scan the QR code  
to register!

# THE HAMDEN



# Food Pantry

## FREE FOR EVERYONE

# 2024 DATES



## ~~Apr 10, 24~~ | ~~May 8, 22~~ | Jun 5 | Jul 3, 17, 31

**Every other Wednesday**

**4:30 PM - 5:30 PM / 306 Circular Ave.**

**St. Paul's Parish Parking Lot**

For the full schedule visit [www.ctfoodshare.org](http://www.ctfoodshare.org)

**Park/Walk-up - In parking lot across from Savori**



Don't forget  
to bring bags!

# SNAP Education & Training Program



## SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM (SNAP) EDUCATION AND TRAINING

The SNAP Employment and Training Program prepares and assists students by offering vocational training, career activities, case management, and support services. The following certificates are **FREE** to eligible SNAP recipients - program descriptions can be found in this catalog.

Any student interested in enrolling in the SNAP & E&T Program **MUST** attend one mandatory orientation session and meet the following requirements:



- Receive SNAP benefits
- Have high school diploma/GED
- Do NOT receive TFA benefits
- Have not previously enrolled in a SNAP E&T program

To Register  
Scan Here ➡



For more information contact  
**Kandace Murray**  
[KMurray@gatewayct.edu](mailto:KMurray@gatewayct.edu)

## CERTIFICATES OFFERED

- Bookkeeping Professional National Certificate
- Property & Casualty Insurance Certificate
- Central Sterile Supply Certificate
- Certified Nurse Aide (CNA) Certificate
- Child Development Associate Credential
- Community Health Worker (CHW) Certificate
- Comprehensive Automotive Repair and Service (CARS) Certificate
- CompTIA A+ - Desktop Support Specialist
- Culinary Arts Certificate
- Drug and Alcohol Recovery Certificate
- Honda PACT Certificate Program
- Hospitality and Tourism Certification
- Medical Office Assistant Certificate
- Patient Care Technician Certificate
- Pharmacy Technician Certificate
- ServSafe Food Handler and Manager
- Professional Baker Certificate
- IT Certificate

# ST LUKE'S EPISCOPAL CHURCH

[Home](#) [Welcome](#) [Outreach](#) [Guilds/Ministries](#) [St. Luke's Partners](#) [Preserve our Parish](#) [Follow Us!](#)



**St. Luke's Services, Inc. (SLSI)** has as its mission: a) the provision of wholesome and appealing meals, in a cheerful, no-questions-asked setting where men, women and children in need are welcomed; and b) the offering of varied additional support services to guests who choose to utilize them. In a land of great plenty for some and demeaning poverty for others, we believe that providing food for the hungry is a compelling necessity, but that meals alone constitute a "band aid" measure. We therefore feel responsible for addressing some of the causes of dysfunctional living as well, by making available a range of life enhancing opportunities.

The sustaining philosophy of our work is the time-honored belief that there is God in every man, woman and child. Translated into soup kitchen terms, this challenges us to share respect consistently among lunch guests, paid and volunteer staff, and professionals. Not always an easy task where intensely difficult life issues often make for a precarious balance of tempers. However, respect works! Women express their appreciation for the special St. Luke's atmosphere, and - very importantly- give us their trust, thus enabling us to assist them with services which range from pastoral counseling to children's programs.

It has been 22 years since St. Luke's Services fed its first six luncheon guests. The lunchroom doors were opened June 1989 and a full course meal was prepared by the late William Johnson. In 1994 St. Luke's Services, Inc., was incorporated as a non-profit organization, governed by its own board of directors and separate from St. Luke's Episcopal Church. The two maintain an active and valued relationship by parishioners who continue

to serve on the Board.

In 2010 St. Luke's Services distributed 2,531 meals in our friendly "no questions asked" environment. The mutual respect found in this lunchroom opens opportunity to lend a hand in a variety of ways. By that, St. Luke's Services operates a food pantry, diaper bank and clothes closet. Each year, students of the Hopkins School assist "Santa" by sharing their bounty with families from St. Luke's Services along with the parish of St. George Catholic Church in Guilford, Connecticut. Thanksgiving baskets are provided to needy families. The items included assure a full thanksgiving meal with the trimmings. We are grateful to St. George Catholic Church which continues to provide generous support in this area.

*Submitted by Yvette Barnard, SLSI Secretary/Treasurer*

## St. Luke's Services Weekly Operations:

**Diaper Bank:** every First Tuesday of the month, 10a.m.-12 noon

**Women & Children Lunch Program:** 12 noon -1p.m., Tuesdays & Thursdays

**Wednesday Breakfast Program:** 8:30 a.m.-9:30 a.m.

**Clothes Closet:** Thursdays 10 a.m.-11:30 a.m.

**Food Pantry:** every First and Third Friday of the month, 10a.m.-12 noon

# EAST ROCK RANGER PROGRAMS 2024

## CLIMATE EDUCATION

- Get outdoor lessons and programming that support new CT state mandates for climate education in K-12 public schools (HB 5282)
- Understand the ecological and social issues that cause climate change & how New Haven will be affected
- Including...
  - Social Justice
  - Indigenous History & Knowledge

## RECREATION

- Promote physical health by having fun in the outdoors!
- Decrease greenhouse gas emissions and combat climate change by engaging in active transportation
- Including...
  - Biking
  - Nature Hikes
  - Snow shoeing

## HEALING ACTIVITIES

- It is proven that spending time outdoors improves mental health & wellbeing
- Build stronger relationships with the outdoors & your community by participating in...
  - Mindfulness Hikes
  - Recovery Yoga
  - Support Groups

\*Programs can be tailored towards the needs and interests of the group participating.

## VOLUNTEER/INTERN

- Need to complete community service hours or hands-on projects? Join us at the park as we take care of our ecosystems, remove invasive species, and maintain our trails!



**RANGER  
SYDNEY**

**Please Contact to  
Schedule: (475) 306-4804  
[scollins@newhavenct.gov](mailto:scollins@newhavenct.gov)**



# HOLISTIC BEHAVIORAL HEALTH, LLC

## IN-HOME THERAPY

### ACCEPTING NEW CLIENTS

#### Accepted Referrals

- Children 6 yrs and older
- Families
- Adults with Disabilities

#### Services Location

Hamden, New Haven,  
& West Haven, CT



### HEALTH INSURANCE

Husky, Aetna, Anthem, & Cigna

To Enroll Contact: Karina Cordaro  
203-604-9009 ext: 402  
Email: Kcordaro@holisticbhwc.org

Question's about the program  
contact Dr. La'Shondra da Cruz at  
Ldacruz@holisticbhwc.org

[www.holisticbhllc.com](http://www.holisticbhllc.com)



## **Announcing the Family Assistance & Social Determinant Fund Providers!**

**Do you know a family that needs financial assistance to pay for mental health and/or substance use intervention, treatment, or medication for their child(ren) ages 0-18?**

For a limited time, funding assistance is available for those that qualify\*.  
Completed referrals can be sent to:

**The Family Assistance & Social Determinant Fund**  
**FAX: 833-370-8773 or E-mail to [FASD@carelon.com](mailto:FASD@carelon.com)**

Funding may be accessed for services rendered for a child, ages 0 up to 18, needing:

- ✓ Mental health and/or substance use treatment or prescribed medications
- ✓ Adolescent psychiatric services, intensive in-home or intensive outpatient or other recommended community-based service

### **AND**

The family has been unable to access that care because:

- ✓ The family has sought but been denied coverage or reimbursement by their health carrier or have exhausted their benefits,
- ✓ The family is unable to bear the cost of the intervention due to financial hardship.
- ✓ The family has encountered barriers based on social determinants of health such as discrimination, poverty, housing or food insecurity, unemployment/underemployment, adverse early life experiences, or other social determinants related to mental health.

**QUESTIONS? Contact Carelon Behavioral Health at: [FASD@carelon.com](mailto:FASD@carelon.com)**

\*Funds are made available for a limited time by the CT Department of Children and Families through the American Recovery Plan Act. Funds may apply for services rendered up to 120 days prior to the date of the request.