## What's on the Menu?

THE 5 MEAL COMPONENTS FOR A SCHOOL LUNCH ARE MEAT/MEAT ALTERNATE, GRAIN, 1 CUP FRUIT, 1 CUP VEGETABLE AND MILK CHOICES THAT INCLUDE 1% WHITE, FAT FREE WHITE AND FAT FREE CHOCOLATE. CHOOSE AT ATLEAST 3 INCLUDING : 1/2 CUP OF FRUIT OR

VEGETABLE AND AT LEAST TWO OTHER FULL COMPONENTS. FOR

BEST NUTRITION CHOOSE ALL 5!!! 6 nutrislice

Visit: Visit aces.nutrislice.com to see your menu!



## Serving up happy & healthy



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Chase 2024-2025

CHOOSE ALL 5!!!





## Serving up happy & healthy