

# FOOD/INSECT EMERGENCY ANAPHYLAXIS CARE PLAN and MEDICATION AUTHORIZATION

Connecticut State Law and Regulations 10-212(a) require a written medication order of an authorized prescriber, (physician, dentist, optometrist, advanced practice registered nurse or physician's assistant, and for interscholastic and intramural sports only, a podiatrist) and parent/guardian written authorization, for the nurse, or in the absence of the nurse, a qualified school personnel to administer medication.

School:

District/Town:

<b>STUDENT INFORMATION</b>	Student Name	DOB:
	Home/Cell Phone	Grade
	<b>KNOWN LIFE-THREATENING ALLERGIES:</b> <input type="checkbox"/> PEANUTS <input type="checkbox"/> TREE NUTS <input type="checkbox"/> MILK <input type="checkbox"/> SOY <input type="checkbox"/> WHEAT <input type="checkbox"/> SHELLFISH <input type="checkbox"/> FISH (OTHER) <input type="checkbox"/> BEE STINGS <input type="checkbox"/> LATEX <input type="checkbox"/> EGGS: _____ <input type="checkbox"/> OTHER: CONFIRMED WITH ALLERGY TESTING <input type="checkbox"/> YES <input type="checkbox"/> NO	History of Asthma? <input type="checkbox"/> No <input type="checkbox"/> Yes (Increases risk of severe reaction)
	<b>KNOWN ORAL ALLERGY SYNDROME:</b> <input type="checkbox"/> No <input type="checkbox"/> Yes (list): > Provide separate medication authorization if treatment indicated	Give epinephrine upon exposure (before the onset of any symptoms) <input type="checkbox"/> If Yes

<b>TREATMENT PLAN</b>	<b><u>AFTER EXPOSURE TO KNOWN OR SUSPECTED ALLERGY &amp; ANY OF THESE SYMPTOMS:</u></b> <b>AIRWAY:</b> Difficulty breathing, swallowing, chest tightness, wheeze <b>THROAT:</b> Tight, hoarse, swollen tongue, difficulty swallowing/drooling <b>CARDIAC:</b> Dizzy, faint, confused, pale or blue, hypotension, weak pulse <b>&amp;/OR</b> <b><u>ANY COMBINATION OF SYMPTOMS FROM DIFFERENT BODY AREAS:</u></b> > Swollen lips, repetitive cough, sneezing, profuse runny nose > Hives, itching (anywhere), swelling (e.g., eyes) > Nausea, Vomiting, diarrhea, crampy pain
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<b><u>FOLLOW THIS PROTOCOL:</u></b> 1. <b>INJECT EPINEPHRINE IMMEDIATELY!</b> 2. Call 911 3. Lie down if able, avoid rapid upright positioning & continue monitoring 4. Give Bronchodilator/Albuterol if has asthma 5. Notify Parent/Guardian 6. Notify Prescribing Provider / PCP 7. When indicated, assist student to rise very slowly.
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<b>EPINEPHRINE</b>	<input type="checkbox"/> Epinephrine Auto-injector, Jr (0.15mg) IM side of thigh <input type="checkbox"/> Epinephrine Auto-injector (0.3mg) IM side of thigh > <b>A second dose</b> of epinephrine can be given 5 minutes or more if symptoms persist or recur. <b>Relevant Side Effects</b> <input type="checkbox"/> Tachycardia <input type="checkbox"/> Other: <b>Medication Allergies</b> <input type="checkbox"/> NKDA <input type="checkbox"/> Other:
	Medication shall be administered during school year: <b>2019 TO 2020</b>

**NOTE:** IF NURSE IS NOT AVAILABLE, THE EPINEPHRINE AUTO INJECTOR MAY BE GIVEN BY DESIGNATED SCHOOL PERSONNEL WITH EXPOSURE OR FOR ANY ANAPHYLAXIS SYMPTOMS

## TO BE COMPLETED BY PARENT AND AUTHORIZED HEALTHCARE PROVIDER: REQUIRED

<b>AUTHORIZATION</b>	Prescriber's Authorization to Self- Administer <input type="checkbox"/> No <input type="checkbox"/> *Yes, Confirms student is capable to safely and properly administer medication	PRESCRIBER'S PRINTED NAME OR STAMP
	Prescriber's Signature: _____ Date: _____	
	Parent/Guardian Consent <input type="checkbox"/> I authorize the student to <b>possess</b> and <b>self-administer</b> medication <b>OR</b> <input type="checkbox"/> I authorize this medication to be <b>administered by school personnel</b> > I also authorize communication between the prescribing health care provider and school nurse necessary for allergy management and administration of this medication Signature: _____ Date: _____	

**\*TURN OVER FORM FOR INSTRUCTIONS ON ADMINISTERING EPINEPHRINE\***

# EMERGENCY ALLERGY CARE PLAN FOR STUDENT

NAME: \_\_\_\_\_ GRADE/SCHOOL: \_\_\_\_\_

## ALLERGIES:

GIVE EPINEPHRINE UPON EXPOSURE TO ABOVE ALLERGY OR

GIVE EPINEPHRINE AT THE ONSET OF ANY OF THE BELOW SYMPTOMS IF ALLERGEN LIKELY EATEN (OR STUDENT STUNG)

### **SYMPTOMS OF ANAPHYLAXIS:**

- Chest tightness, shortness of breath, cough, wheezing, profuse runny nose
- Dizzy, faint, pale, blue, confused
- Tightness and/or itching in throat, difficulty swallowing, hoarseness, drooling
- Swelling of lips, tongue, throat
- Itchy mouth, itchy skin, hives
- Hives, itching (anywhere), swelling (e.g. face, eyes)
- Nausea, vomiting, diarrhea, crampy pain

Insert Picture if available

### **EPINEPHRINE ADMINISTRATION PROTOCOL:**

1. Administer Epinephrine Auto-Injector: **circle one: (0.15mg 0.3mg)**
2. Have someone call 911 for ambulance, don't hang up, and stay with student
3. Administer albuterol if authorized (has asthma)
4. Lie down if able; avoid rapid rise to upright position
5. Notify school and parent/guardian as soon as possible

### **EPI AUTO-INJECTOR DIRECTIONS:**

#### **For EPIPEN and EPIPEN JR.:**

1. Stay Calm
2. Grip in your dominant hand as shown
3. Pull off blue activation cap.
4. Hold orange tip near outer thigh, OK to inject through clothing, but make sure pocket on that leg is empty.
5. Swing and jab firmly into outer thigh until you hear it click so you know it's injecting the medicine. Hold in place and count to 10; remove and massage 10 sec. (orange tip will automatically slide over needle)
6. Auto-injector should be given to EMS to take to E.R.



### **EMERGENCY CONTACTS**

Name:

Relation:

Phone:

### **EMERGENCY/PHYSICIAN CONTACTS**

Name:

Phone: