

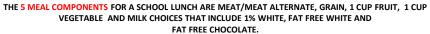
## Vhat's on



Staff Price \$5.45

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Monday		Wednesday	Thursday	Friday
3 Chicken Parmesan Sandwich ½ Cup Steamed Green Beans	4 Cheese Quesadilla Salsa and Sour Cream ½ Cup Golden Steamed Corn	5 Whole Grain Crispy Chicken Tenders ½ Cup Steamed Baby Carrots 1 Whole Grain Dinner Roll	7 Classic Cheese Pizza 1 Cup Caesar Salad	The Perfect Sloppy Joe ½ Cup Herb Roasted Potatoes
Week 2 :	1) Hot 2) Ham and Chee	e Sandwich includes 1 c	up of fruit and 1 cup of v	egetable
Philly Steak and Cheese Sandwich ½ Cup of Baby Carrots	HONORING ALL WHO SERVED  VETERANS	Chicken Nuggets % Cup Steamed Broccoli 1 Whole Grain Dinner Roll	Pepperoni Pizza 1 Cup Garden Salad	Barbecue Rib Sandwich ½ Cup of Savory Green Beans
Week 3: 1) H	ot Lunch 2) Turkey and	Cheese Sandwich includ	es 1 cup of fruit or 1 cup	of vegetable
17 Macaroni and Cheese ½ Cup Savory Steamed Green Beans 1 Whole Grain Dinner Roll	Beef Tacos  Shredded Lettuce  Fresh Diced Tomatoes  Shredded Cheddar  Salsa and Sour Cream  Cup Golden Steamed Corn	19 Italian Meatball Sub ½ Cup Steamed Broccoli		2 Mashed Potato and Chicken
Week 4: 1) Hot Lunch 2	!) Chicken Caesar Salad	with Two Warm Dinner	Rolls includes 1 cup of fru	it or 1 cup of vegetable
24 Classic Cheeseburger ½ Cup Oven Baked Fries	Chicken Tacos Shredded Lettuce Fresh Diced Tomatoes Shredded Cheddar Salsa and Sour Cream 1/2 Cup Golden Steamed Corn	26 Whole Grain Baked Ziti ½ Cup Savory Green Beans 1 Whole Grain Dinner Roll	THA	NKSGIVING BREAK
Week 5: 1) Hot Lunch 2) Bage Fun Lunch includes 1 cup of fruit or 1 cup of vegetable				
Fresh Fruit and Vegetable Bar (Available Daily)				
Fresh Sliced Cucumber Fresh Baby Carrots Fresh Whole Fruit Assorted Chilled Fruit	Fresh Pepper Strips Fresh Grape Tomatoes Fresh Whole Fruit Assorted Chilled Fruit	Fresh Caesar Salad German Potato Salad Fresh Whole Fruit Assorted Chilled Fruit	Fresh Broccoli Fresh Garbanzo Beans Fresh Whole Fruit Assorted Chilled Fruit	Green Peas Fresh Celery Sticks Fresh Whole Fruit Assorted Chilled Fruit





Vegetarian

Locally Grown