

## Wintergreen K-5 November Breakfast in the Classroom (BIC) Menu Staff Price \$5.45

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Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	
Whole Grain Fruit Muffin	Assorted Cereals	Whole Grain Bagel	Assorted Cereals	Assorted Cereals
String Cheese	String cheese	Cream Cheese	String cheese	String cheese
Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice
Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit
Assorted Fresh Local	Assorted Fresh Local	Assorted Fresh Local	Assorted Fresh Local	Assorted Fresh Local
Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit
10 Whole Grain Fruit Muffin	11	12 Whole Grain Bagel	13 Assorted Cereals	14 Assorted Cereals
String Cheese	HONORING ALL WHO SERVED	Cream Cheese	String cheese	String cheese
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			A STATE OF THE PARTY OF THE PAR	
Assorted Fruit Juice		Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice
Assorted Chilled Fruit Assorted Fresh Local	VETERANS	Assorted Chilled Fruit Assorted Fresh Local	Assorted Chilled Fruit Assorted Fresh Local	Assorted Chilled Fruit Assorted Fresh Local
Seasonal Fruit		Seasonal Fruit	Seasonal Fruit	Seasonal Fruit
17	18	20	21	22
Whole Grain Fruit Muffin	Assorted Cereals	Whole Grain Bagel	Assorted Cereals	Assorted Cereals
String Cheese	String cheese	Cream Cheese	String cheese	String cheese
			War and the second	No. of the second secon
Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice
Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit
Assorted Fresh Local Seasonal Fruit	Assorted Fresh Local Seasonal Fruit	Assorted Fresh Local Seasonal Fruit	Assorted Fresh Local Seasonal Fruit	Assorted Fresh Local Seasonal Fruit
24 Whole Grain Fruit Muffin	25 Assorted Cereals	26 Whole Grain Bagel	27	28
String Cheese	String cheese	Cream Cheese	W BOTH	
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Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	2.5	BREAK 🥒
Assorted Chilled Fruit Assorted Fresh Local	Assorted Chilled Fruit Assorted Fresh Local	Assorted Chilled Fruit Assorted Fresh Local		- MONN
Seasonal Fruit	Seasonal Fruit	Seasonal Fruit		
		Daily Alternates		
Assorted Low Sugar Cereal	Assorted Low Sugar Cereal	Assorted Low Sugar Cereal	Assorted Low Sugar Cereal	Assorted Low Sugar Cereal
w/ String Cheese	w/ String Cheese	w/ String Cheese	w/ String Cheese	w/ String Cheese
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BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two cups fruit side dishes and one choice of milk. Milk choices include 1% white and skim chocolate.