

# What's on the Menu?

## Wintergreen 6-8 September Breakfast Menu



Staff Price \$5.25

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>2</p> <p>Whole Grain Blueberry Muffin <b>String Cheese</b></p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>3</p> <p>Blueberry/Strawberry French Toast Parfait</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>4</p> <p>Apple Cinnamon Oatmeal</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>5</p> <p>Strawberry Banana Smoothie Honey Graham Crackers</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>
<p>8</p> <p>Scrambled Cheezy Eggs Whole Wheat Toast</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>9</p> <p>Apple Cinnamon Muffin <b>String Cheese</b></p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>10</p> <p>Lemonade Smoothie Honey Graham Crackers</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>11</p> <p>Two Warm Pancakes</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>12</p> <p>Scrambled Egg Pizza</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>
<p>15</p> <p>Sausage, Egg, and Cheese Biscuit Sandwich</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>16</p> <p>Whole Grain Banana Muffin <b>String Cheese</b></p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>17</p> <p>Pineapple Orange Smoothie Honey Graham Crackers</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>18</p> <p>Two Whole Grain Waffles</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>19</p> <p>Bagel with Cream Cheese, Sunbutter or Grape Jelly</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>
<p>22</p> <p>Ham, Egg, and Cheese Bagel Sandwich</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>23</p> <p>Whole Grain Blueberry Muffin <b>String Cheese</b></p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>24</p> <p>Apple Cinnamon Yogurt Parfait With Homemade Granola</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>25</p> <p>Colby Jack Cheese Omelet Whole Wheat Toast</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>26</p> <p>Banana Split Smoothie Honey Graham Crackers</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>
<p>29</p> <p>Three French Toast Sticks</p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>30</p> <p>Chocolate Chip Muffin <b>String Cheese</b></p> <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>ALTERNATE DAILY OPTION</p>		
<p>Assorted Low Sugar Cereal w/ String Cheese</p>	<p>Assorted Low Sugar Cereal w/ String Cheese</p>	<p>Assorted Low Sugar Cereal w/ String Cheese</p>	<p>Assorted Low Sugar Cereal w/ String Cheese</p>	<p>Assorted Low Sugar Cereal w/ String Cheese</p>

**BREAKFAST:** A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white, skim, and skim chocolate.



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