What's on the Menu?

Wintergreen 6-8 November Breakfast Menu





Staff Price \$5.45

| Choose My Plate 90v area cooperative educational services | | | | |
|-----------------------------------------------------------|---------------------------------------------|----------------------------------------------------|---------------------------------------------|------------------------------------------------------|
| Monday | Tuesday | Wednesday | Thursday | Friday |
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| | | | | |
| 3 | Annia Cinnana Muffin | 5 Lemonade Smoothie | Three French Toast Sticks | Scrambled Egg Pizza |
| Scrambled Cheezy Eggs Whole Wheat Toast | Apple Cinnamon Muffin String Cheese | Honey Graham Crackers | Tillee French Todat Sticks | Scrambled Egg 1 122a |
| Whole Wheat Foust | String cheese | | 2 | |
| | | graph (| 9 | S K 12 |
| Assorted Fruit Juice | Assorted Fruit Juice | Assorted Fruit Juice | Assorted Fruit Juice | Assorted Fruit Juice |
| Assorted Chilled Fruit | Assorted Fruit Juice Assorted Chilled Fruit | Assorted Chilled Fruit | Assorted Chilled Fruit | Assorted Chilled Fruit |
| Assorted Fresh Local | Assorted Fresh Local | Assorted Fresh Local | Assorted Fresh Local | Assorted Fresh Local |
| Seasonal Fruit | Seasonal Fruit | Seasonal Fruit | Seasonal Fruit | Seasonal Fruit |
| 10 | | | 13 | |
| Bacon, Egg, and Cheese Bagel Sandwich | HONORING ALL WHO SERVED | Pineapple Orange Smoothie Honey Graham Crackers | Two Whole Grain Waffles | Bagel with Cream Cheese, Sunbutter or Grape Jelly |
| Dager Sandwich | | rioney Granam Crackers | | Sumbatter of Grape Selly |
| | | | | |
| Assorted Fruit Juice | | Assorted Fruit Juice | Assorted Fruit Juice | Assorted Fruit Juice |
| Assorted Chilled Fruit | VETERANS | Assorted Fruit Juice Assorted Chilled Fruit | Assorted Fruit Juice Assorted Chilled Fruit | Assorted Fruit Juice Assorted Chilled Fruit |
| Assorted Fresh Local | DAY | Assorted Fresh Local | Assorted Fresh Local | Assorted Fresh Local |
| Seasonal Fruit | | Seasonal Fruit | Seasonal Fruit | Seasonal Fruit |
| 17 Ham, Egg, and Cheese | 18 Whole Grain Blueberry | 19 Apple Cinnamon Yogurt | 20 Colby Jack Cheese Omelet | 21 Banana Split Smoothie |
| Bagel Sandwich | Muffin | Parfait | Whole Wheat Toast | Honey Graham Crackers |
| | String Cheese | With Homemade Granola | V/4 | 170 Jan |
| | | | | September 1 |
| | | | | Assorted Fruit Juice |
| Assorted Fruit Juice | Assorted Fruit Juice | Assorted Fruit Juice | Assorted Fruit Juice | Assorted Chilled Fruit |
| Assorted Chilled Fruit | Assorted Chilled Fruit | Assorted Chilled Fruit | Assorted Chilled Fruit | Assorted Fresh Local |
| Assorted Fresh Local Seasonal Fruit | Assorted Fresh Local Seasonal Fruit | Assorted Fresh Local Seasonal Fruit | Assorted Fresh Local Seasonal Fruit | Seasonal Fruit |
| 24 | | | | 28 |
| Sausage, Egg, and Cheese | Chocolate Chip Muffin | Strawberry Banana Smoothie | VIVIE ATIII | |
| Biscuit Sandwich | String Cheese | Honey Graham Crackers | Y | 000000000000000000000000000000000000000 |
| | | | A TIM | MISSIVING |
| | | 2.2 | | |
| Assorted Fruit Juice | Assorted Fruit Juice | Assorted Fruit Juice | 1 | PORAN |
| Assorted Chilled Fruit Assorted Fresh Local | Assorted Chilled Fruit Assorted Fresh Local | Assorted Chilled Fruit Assorted Fresh Local | | OKEAK A |
| Seasonal Fruit | Seasonal Fruit | Seasonal Fruit | | |
| | | ALTERNATE DAILY OPTION | | |
| Assorted Low Sugar Cereal | Assorted Low Sugar Cereal | Assorted Low Sugar Cereal | Assorted Low Sugar Cereal | Assorted Low Sugar Cereal |
| w/ String Cheese | w/ String Cheese | w/ String Cheese | w/ String Cheese | w/ String Cheese |
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BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white, skim, and skim chocolate.







your menu!
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