

# What's on the Menu?

## Wintergreen 6-8 December Breakfast Menu



Staff Price \$5.45

**Student Gluten Free Options**  
**Cereal, Bagels, Bread and Pizza**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Scrambled Cheezy Eggs Whole Wheat Toast</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>2</p> <p>Apple Cinnamon Muffin <b>String Cheese</b></p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>3</p> <p>Blueberry/Strawberry French Toast Parfait</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>4</p> <p>Three French Toast Sticks</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>5</p> <p>Scrambled Egg Pizza</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>
<p>8</p> <p>Bacon, Egg, and Cheese Bagel Sandwich</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>9</p> <p>Banana Muffin <b>String Cheese</b></p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>10</p> <p>Lemonade Smoothie Honey Graham Crackers</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>11</p> <p>Two Whole Grain Waffles</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>12</p> <p>Bagel with Cream Cheese, Sun butter, or Jelly</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>
<p>15</p> <p>Ham, Egg, and Cheese Bagel Sandwich</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>16</p> <p>Whole Grain Blueberry Muffin <b>String Cheese</b></p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>17</p> <p>Apple Cinnamon Yogurt Parfait With Homemade Granola</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>18</p> <p>Colby Jack Cheese Omelet Whole Wheat Toast</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>19</p> <p>Buttermilk Whole Grain Pancakes</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>
<p>22</p> <p>Sausage, Egg, and Cheese Biscuit Sandwich</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>23</p> <p>Chocolate Chip Muffin <b>String Cheese</b></p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>24</p> <p>25</p> <p>26</p>  <p>www.shutterstock.com - 1828893677</p>		
<p>29</p>	<p>30</p>	<p>31</p>		
<p><b>Assorted Low Sugar Cereal w/ String Cheese</b></p>	<p><b>Assorted Low Sugar Cereal w/ String Cheese</b></p>	<p><b>ALTERNATE DAILY OPTION</b> <b>Assorted Low Sugar Cereal w/ String Cheese</b></p>	<p><b>Assorted Low Sugar Cereal w/ String Cheese</b></p>	<p><b>Assorted Low Sugar Cereal w/ String Cheese</b></p>



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**BREAKFAST:** A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white, skim, and skim chocolate.