

# What's on the Menu?



## Whitney Academy/North Breakfast 2024-2025

Monday	Tuesday	Wednesday	Thursday	Friday
<b>OPTION 1</b>				
<p>Bacon Egg and Cheese on a Bagel</p>  <p>Gluten Free Option Gluten Bagel</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>2 Whole Grain Waffle</p>  <p>Gluten Free Option Gluten Free Toast</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>Sausage Egg and Cheese Biscuit Sandwich</p>  <p>Gluten Free Option Gluten Roll</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>Egg and Cheese Bagel</p>  <p>Gluten Free Options Gluten Free Bagel Or Gluten Free Cereal</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>3 Whole Grain French Toast</p>  <p>Gluten Free Options Gluten Free Bagel Or Gluten Free Cereal</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>
<b>OPTION 2</b>				
<p>Whole Grain Fruit Muffin Yogurt or string cheese</p>  <p>Gluten Free Option Cereal Available</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>Assorted Cereals with Yogurt or string cheese</p>  <p>Gluten Free Option Cereal Available</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>Whole Grain Bagel Cream Cheese</p>  <p>Gluten Free Option Bagel Available</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>Blueberry Strawberry with French Toast Bites</p>  <p>Gluten Free Option No Topping</p>  <p>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</p>	<p>Strawberry Banana Smoothie Graham Cracker</p>  <p>Gluten Free No Graham Cracker</p>  <p>Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit Smoothie</p>

**BREAKFAST:** A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white, Fat Free White and skim chocolate.

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# Serving up happy & healthy