



# What's on the Menu?

## Whitney Academy/North Summer School Lunch Menu



**Staff Price \$5.25**

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Beef Tacos Shredded Lettuce Dice Tomatoes Salsa and Sour Cream 	2 Chicken Ranch Wrap 	3 Classic Cheese Pizza 	4 
<b>Week 1 :1) Hot 2) Muffin Fun Lunch includes 1 cup of fruit or 1 cup of vegetable</b> 				
7 Chicken Patti Sandwich 	8 Beef Tacos Shredded Lettuce Dice Tomatoes Salsa and Sour Cream 	9 Chicken Ranch Wrap 	10 Classic Cheese Pizza 	11 Classic Cheeseburger 
<b>Week 2 :1) Hot 2) Bagel Fun Lunch includes 1 cup of fruit or 1 cup of vegetable</b> 				
14 Chicken Patti Sandwich 	15 Beef Tacos Shredded Lettuce Dice Tomatoes Salsa and Sour Cream 	16 Chicken Ranch Wrap 	17 Classic Cheese Pizza 	18 Classic Cheeseburger 
<b>Week 3: 1) Hot Lunch 2) Turkey and Cheese Sandwich includes 1 cup of fruit or 1 cup of vegetable</b>				
21 Chicken Patti Sandwich 	22 Beef Tacos Shredded Lettuce Dice Tomatoes Salsa and Sour Cream 	23 Chicken Ranch Wrap 	24 Classic Cheese Pizza 	25 Classic Cheeseburger 
<b>Week 4: 1) Hot Lunch 2) Chicken Caesar Salad with Two Warm Dinner Rolls includes 1 cup of fruit or 1 cup of vegetable</b>				
28 	29	30	31	
<b>Fresh Fruit and Vegetable Bar (Available Daily)</b>				
Sliced Cucumber Fresh Carrots Assorted Fresh Fruit (LG) Assorted Chilled Fruit	Pepper Strips Fresh Grape Tomatoes Assorted Fresh Fruit (LG) Assorted Chilled Fruit	Fresh Caesar Salad German Potato Salad Assorted Fresh Fruit (LG) Assorted Chilled Fruit	Fresh Broccoli Florets Garbanzo Beans Assorted Fresh Fruit (LG) Assorted Chilled Fruit	Celery Sticks Power Peas Assorted Fresh Fruit (LG) Assorted Chilled Fruit



Visit [aces.nutrislice.com](http://aces.nutrislice.com) to see your menu!

**THE 5 MEAL COMPONENTS** FOR A SCHOOL LUNCH ARE MEAT/MEAT ALTERNATE, GRAIN, FRUIT, VEGETABLE AND MILK CHOICES THAT INCLUDE 1% WHITE, FAT FREE STRAWBERRY, FAT FREE CHOCOLATE.

**CHOOSE AT LEAST 3 INCLUDING : 1/2 CUP OF FRUIT OR VEGETABLE AND AT LEAST TWO OTHER FULL COMPONENTS. FOR BEST NUTRITION: CHOOSE ALL 5!!!**

USDA is an equal opportunity employer and provider.



Vegetarian



Locally Grown