What's on the Menu?

Whitney Academy/North July Breakfast Menu

Assorted Fruit Juice Assorted Chilled Fruit Assorted Chilled Fruit Assorted Freit Juice Assorted Fruit J			access area cooperative educational services		Staff Price \$5.
Sunbutter or Grape Jelly Bagel Sandwich Muffin with string cheese Importance Assorted Fruit Juice Assorted Freih Local Seasonal Fruit Sorted Freih Local Seasonal Fruit Sorted Chilled Fruit Assorted Chilled Fruit Assorted Chilled Fruit Assorted Freih Local Sorted Chilled Fruit Assorted Chilled Fruit Assorted Freih Local Strawberry Banan Sorted Freih Local <th>Monday</th> <th>Tuesday</th> <th>Wednesday</th> <th>Thursday</th> <th>Friday</th>	Monday	Tuesday	Wednesday	Thursday	Friday
Two Whole Grain Waffles Bagel with Cream Cheese, Sunbutter or Grape Jelly Bacon, Egg, and Cheese Bagel Sandwich Muffin with string cheese Bagel Sandwich Strawberry Banan Smoothie Graham Cracker Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit Strawberry Banan Smoothie Graham Cracker 14 15 16 17 Bacon, Egg, and Cheese Sunbutter or Grape Jelly Bacon, Egg, and Cheese Bagel Sandwich Myfle Grain Blueberry Assorted Fruit Juice Assorted Chilled Fruit Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit Strawberry Banan Smoothie Graham Cracker Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit Strawberry Banan Smoothie Graham Cracker Strawberry Banan Smoothie Graham Cracker 21 22 23 Myfle Grain Blueberry Muffin with string cheese Strawberry Banan Smoothie Graham Cracker 21 22 23 Assorted Fruit Juice Assorted Chilled Fruit Assorted Fruit Juice Assorted Fruit Juice Assorted Fruit Juice Assorted Fruit Juice Assorted Fresh Local Seasonal Fruit		Sunbutter or Grape Jelly Sunbutter or Grape Jelly Seasorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Bagel Sandwich Sandwich Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Muffin with string cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	
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Two Whole Grain Waffles Sunbutter or Grape JellyBacon, Egg, and Cheese Bagel SandwichWhole Grain Blueberry Muffin with string cheeseStrawberry Banan Smoothie Graham Cracker Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal FruitStrawberry Banan Smoothie Graham Cracker Assorted Chilled Fruit Assorted Fresh Local Seasonal FruitStrawberry Banan Smoothie Graham Cracker Assorted Chilled Fruit Assorted Fresh Local Seasonal FruitStrawberry Banan Smoothie Graham Cracker Assorted Fresh Local Seasonal Fruit21 Two Whole Grain Waffles Assorted Fresh Local Seasonal FruitAssorted Fresh Local Seasonal FruitStrawberry Banan Assorted Fresh Local Seasonal FruitAssorted Fruit Juice Assorted Fresh Local Seasonal FruitAssorted Fruit Juice Assorted Fresh Local Seasonal FruitAssorted Fruit Juice Assorted Fresh Local Seasonal FruitStrawberry Banan Assorted Fruit Juice Assorted Fruit Juice Assorted Fruit Juice Assorted Fruit Juice Assorted Fruit Juice Assorted Fruit Juice Assorted Fresh Local Seasonal FruitStrawberry Banan Assorted Fruit Juice Assorted Fruit Juice Assorted Fruit Juice Assorted Fresh Local Seasonal FruitStrawberry Banan Assorted Fruit Juice Assorted Fruit Juice Assorted Fresh Local Seasonal FruitStrawberry Banan Assorted Fruit Juice Assorted Fruit Juice Assorted Fruit Juice Assorted Fresh Local Seasonal FruitStrawberry Banan Assorted Fruit Juice Assorted Fruit Juice Assorted Fruit Juice Assorted Fresh Local Seasonal FruitStrawberry Banan Assorted Fruit Juice Assorted Fruit Juice Assorted Fruit Juice Assorted Fresh Local Seasonal FruitStrawbe	Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
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Two Whole Grain Waffles Bagel with Cream Cheeses Bacon, Egg, and Cheese Whole Grain Blueberry Strawberry Banan Assorted Fruit Juice Assorted Chilled Fruit Assorted Chilled Fruit Assorted Chilled Fruit Assorted Fresh Local Strawberry Banan 28 Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit Seasonal Fruit Assorted Fresh Local Seasonal Fruit Assorted Fresh Local <td>Assorted Chilled Fruit Assorted Fresh Local</td> <td>Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit</td>	Assorted Chilled Fruit Assorted Fresh Local	Assorted Chilled Fruit Assorted Fresh Local	Assorted Chilled Fruit Assorted Fresh Local	Assorted Chilled Fruit Assorted Fresh Local	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit Assorted Fresh Lo		Bagel with Cream Cheese,	Bacon, Egg, and Cheese	Whole Grain Blueberry	Strawberry Banana Smoothie Graham Cracker
Assorted Low Sugar Cereal	Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
Assorted Low Sugar Cereal Assorted Low Sugar Cereal Assorted Low Sugar Cereal Assorted Low Sugar Cereal Assorted Low Sugar Ce	Survivier	29		31	
			Alternate Option		
	5				Assorted Low Sugar Cere w/ String Cheese or Yogu
EAKFAST: A full student breakfast includes a choice of Visit:					

entree supplying grain and/or protein, two ($2 \frac{1}{2} cups$) fruit side dishes and choice of milk. Milk choices include 1% white, skim and skim chocolate.

Visit aces.nutrislice.com to see Vegetarian

your menu! USDA is an equal opportunity employer and provider

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