



December 15, 2021

ACES SAILS School Notification of a Positive Case

Dear Parents and Community Members:

On December 15, 2021, Area Cooperative Educational Services was notified that an ACES SAILS School community member has tested positive for coronavirus (COVID-19). The affected individual has been instructed to remain home in self-isolation for at least 10 days as per the Connecticut Department of Public Health guidelines. In consultation with the East Shore Health Department (ESHD), the family members have also been instructed to self-quarantine and be tested for COVID-19.

Under the local health department's direction, any **UNVACCINATED** person one who is considered a "[close contact](https://portal.ct.gov/-/media/SDE/COVID-19/FallMitigationGuidance.pdf)" with this individual has been or will be contacted by the school, state, or local health officials in the town in which they reside. The state or local health dept. will also provide the family with instructions on the appropriate steps to take. {See <https://portal.ct.gov/-/media/SDE/COVID-19/FallMitigationGuidance.pdf> and the *Addendum 5 Update* <https://portal.ct.gov/-/media/SDE/COVID-19/Addendum-5-Interim-Guidance-for-Responding-to-COVID-19-Scenarios-in-CT-School-Districts.pdf> (dated September 13, 2021)}

The affected individual was last onsite on December 10, 2021. The quarantine requirements are as follows:

- **The individual was not in close contact with any student or staff member during the contagious period.**

Reminder:

CDC reminds everyone that vaccination is the best defense against COVID-19. COVID-19 vaccines are effective at preventing infection, serious illness, and death. Most people who get COVID-19 are unvaccinated.

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The Regional Educational Service Center Serving South Central Connecticut
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Please continue to:

- **Stay home is you are not feeling well.**
- Wash your hands frequently, but especially after using the restroom and before preparing or consuming food, using soap and hot water wash for about 20 seconds. Be sure also to wash your fingertips. When soap and water are not available, use hand sanitizer.
- Avoid coughing or sneezing into your hands or in the air. Always try to cough or sneeze into a tissue, then throw the tissue away; if you do not have a tissue, cough/sneeze inside the elbow of your arm.
- As much as you can, avoid touching your eyes, mouth, and nose.
- Wear a face covering (mask) whenever there is a likelihood that you or your family members will be in the presence of others.
- Implement distancing to the extent practical as part of a layered mitigation strategy in all areas of the school

Below is the list of COVID-19 symptoms for which everyone should monitor in his or her family members:

- ☐ Fever (100.4° Fahrenheit or higher)
- ☐ Chills or shaking chills
- ☐ Uncontrolled new cough (not due to other known cause, such as a chronic cough)
- ☐ Difficulty breathing or shortness of breath
- ☐ New loss of taste or smell

For additional information on COVID-19 symptoms, please see:

<https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html>

Staff and individuals exhibiting any of the above symptoms, or feeling ill, should remain home and call their medical provider to report their symptoms and ask about testing before seeking in-person care at a clinic, physician's office, or hospital.

For more information on what to do if, you or a family member has possible symptoms, a diagnosis, or exposure to COVID-19, please see *Updated Guidance for the Use of Mitigation Strategies in Connecticut's PreK–12 Schools* Connecticut State Department of Education August 19, 2021 available here:

<https://portal.ct.gov/-/media/SDE/COVID-19/FallMitigationGuidance.pdf>

We will closely monitor this situation, work with East Shore Health Department, and provide you with updates as we know more. If you have any questions, please do not hesitate to contact my office.

Sincerely,

Dr. Thomas M. Danehy

Dr. Thomas M. Danehy, Executive Director
Area Cooperative Educational Services

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