

es Center for Autism: November Breakfast in the Classroom (BIC) Menu

Staff Price \$5.45				
Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	
Whole Grain Fruit Muffin	Whole Grain Bagel	Nutrigrain Bar	Assorted Cereals with	Apple Cinnamon Yogu
String Cheese	Cream Cheese		Yogurt or string cheese	Parfait Granola on the side
		Nutri Grain	Y V	Granola on the side
Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice
Assorted Chilled Fruit	Assorted Fruit Juice Assorted Chilled Fruit	Assorted Fruit Juice Assorted Chilled Fruit	Assorted Fruit Juice Assorted Chilled Fruit	Assorted Fruit Juice Assorted Chilled Fruit
Assorted Fresh Local	Assorted Fresh Local	Assorted Fresh Local	Assorted Fresh Local	Assorted Fresh Local
Seasonal Fruit 10	Seasonal Fruit 11	Seasonal Fruit 12	Seasonal Fruit 13	Seasonal Fruit
Whole Grain Fruit Muffin	HONORING ALL WHO SERVED	Nutrigrain Bar	Assorted Cereals with	Strawberry Yogurt
String Cheese	i de la companya de l	Nutri Grain	Yogurt or string cheese	Parfait Granola on the side
<b>S</b>		Nullifoliation	<b>X</b>	Granola on the side
Assorted Fruit Juice		Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice
Assorted Chilled Fruit	VETERANS	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit
Assorted Fresh Local Seasonal Fruit	DAY	Assorted Fresh Local Seasonal Fruit	Assorted Fresh Local Seasonal Fruit	Assorted Fresh Local
17	18			
Whole Grain Fruit Muffin	Whole Grain Bagel Cream Cheese	Nutrigrain Bar	Assorted Cereals with	Apple Cinnamon Yogu Parfait
String Cheese	Cream Cheese		Yogurt or string cheese	Grano <u>la on t</u> he side
		Nutri Grain		
Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice
Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit
Assorted Fresh Local Seasonal Fruit	Assorted Fresh Local Seasonal Fruit	Assorted Fresh Local Seasonal Fruit	Assorted Fresh Local Seasonal Fruit	Assorted Fresh Local Seasonal Fruit
24	25	26	27	
Whole Grain Fruit Muffin String Cheese	Whole Grain Bagel Cream Cheese	Nutrigrain Bar	WY BE ATTIME	
		Nutri Grain	15/19900	NNAAMINA
A A		B. S.	/ X IIIA	urzoiving
Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice		DORAN
Assorted Chilled Fruit Assorted Fresh Local	Assorted Chilled Fruit Assorted Fresh Local	Assorted Chilled Fruit Assorted Fresh Local		BREAK A
Seasonal Fruit	Seasonal Fruit	Seasonal Fruit		
Assembed Laur Court Court	Assembled Law Control Control	Daily Alternates	Assembled Law Control	Assertad Laur Control
Assorted Low Sugar Cereal w/ String Cheese	Assorted Low Sugar Cereal w/ String Cheese	Assorted Low Sugar Cereal w/ String Cheese	Assorted Low Sugar Cereal w/ String Cheese	Assorted Low Sugar Cerea w/ String Cheese
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BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2)  $\frac{1}{2}$  cup fruit side dishes and a choice of milk. Milk choices include 1% white, skim white Visit aces.nutrislice.com to see your menu!

Vegetarian and skim chocolate.



