



## Center for Autism: July Breakfast in the Classroom (BIC) Menu

Staff Price \$5.25

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Whole Grain Bagel Cream Cheese  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	2 Nutrigrain Bar  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	3 Assorted Cereals with Yogurt or string cheese  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	4 Strawberry Parfait with Granola on the side  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
7 Whole Grain Fruit Muffin Yogurt or String Cheese  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	8 Whole Grain Bagel Cream Cheese  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	9 Nutrigrain Bar  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	10 Assorted Cereals with Yogurt or string cheese  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	11 Apple Cinnamon Yogurt Parfait Granola on the side  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
14 Whole Grain Fruit Muffin Yogurt or String Cheese  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	15 Whole Grain Bagel Cream Cheese  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	16 Nutrigrain Bar  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	17 Assorted Cereals with Yogurt or string cheese  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	18 Strawberry Yogurt Parfait Granola on the side  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
21 Whole Grain Fruit Muffin Yogurt or String Cheese  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	22 Whole Grain Bagel Cream Cheese  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	23 Nutrigrain Bar  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	24 Assorted Cereals with Yogurt or string cheese  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	25 Apple Cinnamon Yogurt Parfait Granola on the side  Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
28 	29	30	31	
Assorted Low Sugar Cereal w/ String Cheese or Yogurt	Assorted Low Sugar Cereal w/ String Cheese or Yogurt	Daily Alternates Assorted Low Sugar Cereal w/ String Cheese or Yogurt	Assorted Low Sugar Cereal w/ String Cheese or Yogurt	Assorted Low Sugar Cereal w/ String Cheese or Yogurt

**BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) ½ cup fruit side dishes and a choice of milk. Milk choices include 1% white, skim white and skim chocolate.**

Visit [aces.nutrislice.com](https://aces.nutrislice.com) to see your menu!



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Vegetarian



Locally  
Grown

