



## Mill June Breakfast Menu







Choose MyPlate gov		area cooperative educational services		GRAM
Monday	Tuesday	Wednesday	Thursday	Friday
Scrambled Egg Pizza	Whole Grain Blueberry Muffin Yogurt or String Cheese	4) Pineapple Orange Smoothie Honey Graham Crackers	5\ Apple Cinnamon Oatmeal	6\ Bacon, Egg, and Cheese Bagel Sandwich
	Toguit of String Cheese			
Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
Scrambled Cheezy Eggs Whole Wheat Toast	10 Apple Cinnamon Muffin <mark>Yogurt or String Cheese</mark>	11 Pink Lemonade Smoothie Honey Graham Crackers	Two Warm Pancakes	13 Bagel with Cream Cheese
<b>②</b>	<b>(a)</b>			
Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
Assorted Fruit Juice Assorted Freit Local Seasonal Fruit  23	summer break!	25	20	21
30				
Assorted Low Sugar Cereal w/ String Cheese or Yogurt	Assorted Low Sugar Cereal w/ String Cheese or Yogurt	Assorted Low Sugar Cereal w/ String Cheese or Yogurt	Assorted Low Sugar Cereal w/ String Cheese or Yogurt	Assorted Low Sugar Cereal w/ String Cheese or Yogurt

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white, skim, and skim chocolate.







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