



What's on the Menu?

Mill Summer School Lunch Menu



Staff Price \$5.25

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Beef Tacos Shredded Lettuce Dice Tomatoes Salsa and Sour Cream 	2 Chicken Ranch Wrap 	3 Classic Cheese Pizza 	4 
Week 1 :1) Hot 2) Muffin Fun Lunch includes 1 cup of fruit or 1 cup of vegetable 				
7 Chicken Patti Sandwich 	8 Beef Tacos Shredded Lettuce Dice Tomatoes Salsa and Sour Cream 	9 Chicken Ranch Wrap 	10 Classic Cheese Pizza 	11 Classic Cheeseburger 
Week 2 :1) Hot 2) Bagel Fun Lunch includes 1 cup of fruit or 1 cup of vegetable 				
14 Chicken Patti Sandwich 	15 Beef Tacos Shredded Lettuce Dice Tomatoes Salsa and Sour Cream 	16 Chicken Ranch Wrap 	17 Classic Cheese Pizza 	18 Classic Cheeseburger 
Week 3: 1) Hot Lunch 2) Turkey and Cheese Sandwich includes 1 cup of fruit or 1 cup of vegetable				
21 Chicken Patti Sandwich 	22 Beef Tacos Shredded Lettuce Dice Tomatoes Salsa and Sour Cream 	23 Chicken Ranch Wrap 	24 Classic Cheese Pizza 	25 Classic Cheeseburger 
Week 4: 1) Hot Lunch 2) Chicken Caesar Salad with Two Warm Dinner Rolls includes 1 cup of fruit or 1 cup of vegetable				
28 	29	30	31	
Fresh Fruit and Vegetable Bar (Available Daily)				
Sliced Cucumber Fresh Carrots Assorted Fresh Fruit (LG) Assorted Chilled Fruit	Pepper Strips Fresh Grape Tomatoes Assorted Fresh Fruit (LG) Assorted Chilled Fruit	Fresh Caesar Salad German Potato Salad Assorted Fresh Fruit (LG) Assorted Chilled Fruit	Fresh Broccoli Florets Garbanzo Beans Assorted Fresh Fruit (LG) Assorted Chilled Fruit	Celery Sticks Power Peas Assorted Fresh Fruit (LG) Assorted Chilled Fruit




Visit [aces.nutrislice.com](https://www.nutrislice.com) to see your menu!

THE 5 MEAL COMPONENTS FOR A SCHOOL LUNCH ARE MEAT/MEAT ALTERNATE, GRAIN, FRUIT, VEGETABLE AND MILK CHOICES THAT INCLUDE 1% WHITE, FAT FREE STRAWBERRY, FAT FREE CHOCOLATE.

CHOOSE AT ATLEAST 3 INCLUDING : 1/2 CUP OF FRUIT OR VEGETABLE AND AT LEAST TWO OTHER FULL COMPONENTS. FOR BEST NUTRITION: CHOOSE ALL 5!!!

USDA is an equal opportunity employer and provider.

 Vegetarian

 Locally Grown