

January 4, 2022

## **ACES Whitney North Notification of Positive Cases**

Dear Parents and Community Members:

Area Cooperative Educational Services was notified that ACES ACES Whitney North community members tested positive for coronavirus (COVID-19). The affected individuals were instructed to remain home in self-isolation for at least 10 days as per the Connecticut Department of Public Health guidelines. In consultation with the Quinnipiack Valley Health Department (QVHD), the family members have been instructed to self-quarantine and be tested for COVID-19.

The last date of exposure was December 22, 2021.

The individuals were not onsite during the contagious time period and therefore no student or staff members were exposed.

**Fully-vaccinated** individuals are those that are at least 14 days away from their  $1^{st}$  vaccination for the Johnson & Johnson vaccine and their  $2^{nd}$  vaccination for the Moderna/Pfizer vaccine.

## Reminder:

CDC reminds everyone that vaccination is the best defense against COVID-19. COVID-19 vaccines are effective at preventing infection, serious illness, and death. Most people who get COVID-19 are unvaccinated.

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## Please continue to:

- Consider vaccination if you have not done so at this time.
- Get a booster if you have not done so at this time.
- Stay home if you are not feeling well.
- Wash your hands frequently, but especially after using the restroom and before preparing or consuming food, using soap and hot water wash for about 20 seconds. Be sure also to wash your fingertips. When soap and water are not available, use hand sanitizer.
- Avoid coughing or sneezing into your hands or in the air. Always try to cough or sneeze into a tissue, then throw the tissue away; if you do not have a tissue, cough/sneeze inside the elbow of your arm.
- As much as you can, avoid touching your eyes, mouth, and nose.
- Wear a face covering (mask) whenever there is a likelihood that you or your family members will be in the presence of others.
- Implement distancing to the extent practical as part of a layered mitigation strategy in all areas of the school

Below is the list of COVID-19 symptoms for which everyone should monitor in his or her family members:

ever (100.4° Fahrenheit or higher)
Thills or shaking chills
Incontrolled new cough (not due to other known cause, such as a chronic
cough)
Difficulty breathing or shortness of breath
Wew loss of taste or smell

For additional information on COVID-19 symptoms, please see:

https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html

Staff and individuals exhibiting any of the above symptoms, or feeling ill, should remain home and call their medical provider to report their symptoms and ask about testing before seeking inperson care at a clinic, physician's office, or hospital.

For more information on what to do if, you or a family member has possible symptoms, a diagnosis, or exposure to COVID-19, please see *Updated Guidance for the Use of Mitigation Strategies in Connecticut's PreK-12 Schools Connecticut State Department of Education August 19, 2021* available here:

(https://portal.ct.gov/-/media/SDE/COVID-19/FallMitigationGuidance.pdf)

We will closely monitor this situation, work with QVHD, and provide you with updates as we know more. If you have any questions, please do not hesitate to contact my office.

Sincerely,
Dr. Thomas M. Danehy

Dr. Thomas M. Danehy, ACES Executive Director

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