

January 4, 2022

ACES Whitney Academy Notification of Positive Cases

Dear Parents and Community Members:

Area Cooperative Educational Services was notified that ACES Whitney Academy community members have tested positive for coronavirus (COVID-19). The affected individuals have been instructed to remain home in self-isolation for at least 10 days per the Connecticut Department of Public Health guidelines. In consultation with the Quinnipiack Valley Health Department (QVHD), the family members have also been instructed to self-quarantine and be tested for COVID-19.

Under the local health department's direction, any UNVACCINATED person who is considered a "<u>close contact</u>" with these individuals has been or will be contacted by the school, state, or local health officials in the town in which they reside. The state or local health dept. will also provide the family with instructions on the appropriate steps to take. {See https://portal.ct.gov/-/media/SDE/COVID-19/FallMitigationGuidance.pdf and the *Addendum 5 Update* https://portal.ct.gov/-/media/SDE/COVID-19/Addendum-5-Interim-Guidance-for-Responding-to-COVID-19-Scenarios-in-CT-School-Districts.pdf (dated September 28, 2021)}

The last date of exposure was on December 22, 2021. The quarantine requirements are as follows:

The individuals were not onsite during the contagious time period and therefore no student or staff members were exposed.

Fully-vaccinated individuals are those that are at least 14 days away from their 1^{st} vaccination for the Johnson & Johnson vaccine and their 2^{nd} vaccination for the Moderna/Pfizer vaccine.

Reminder:

CDC reminds everyone that vaccination is the best defense against COVID-19. COVID-19 vaccines are effective at preventing infection, serious illness, and death. Most people who get COVID-19 are unvaccinated.



Please continue to:

- Consider vaccination if you have not done so already.
- Stay home if you are sick or awaiting a COVID test result.
- Wash your hands frequently, but especially after using the restroom and before preparing or consuming food; using soap and hot water, wash for about 20 seconds. Be sure also to wash your fingertips. When soap and water are not available, use hand sanitizer.
- Avoid coughing or sneezing into your hands or in the air. Always try to cough or sneeze into a tissue, then throw the tissue away; if you do not have a tissue, cough/sneeze inside the elbow of your arm.
- Avoid touching your eyes, mouth, and nose as much as you can.
- Wear a face covering (mask) whenever there is a likelihood that you or your family members will be in the presence of others.
- Implement distancing to the extent practical as part of a layered mitigation strategy in all areas of the school

Below is the list of COVID-19 symptoms for which everyone should monitor in his or her family members:

ever (100.4° Fahrenheit or higher)
Thills or shaking chills
Incontrolled new cough (not due to other known causes, such as a chronic
cough)
ifficulty breathing or shortness of breath
New loss of taste or smell

For additional information on COVID-19 symptoms, please see:

https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html

Staff and individuals exhibiting any of the above symptoms, or feeling ill, should remain home and call their medical provider to report their symptoms and ask about testing before seeking inperson care at a clinic, physician's office, or hospital.

For more information on what to do if, you or a family member has possible symptoms, a diagnosis, or exposure to COVID-19, please see *Updated Guidance for the Use of Mitigation Strategies in Connecticut's PreK-12 Schools Connecticut State Department of Education August 19, 2021*, available here:

(https://portal.ct.gov/-/media/SDE/COVID-19/FallMitigationGuidance.pdf)

We will closely monitor this situation, work with QVHD, and provide you with updates as we know more. If you have any questions, please do not hesitate to contact my office.

Sincerely,
Dr. Thomas M. Danehy
Dr. Thomas M. Danehy, Executive Director
Area Cooperative Educational Services

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