



Whitney Academy/Whitney High North: : March1

	Monday	Tuesday	Wednesday	Thursday	Friday	
			AMERICAN CLASSIC			
create					Chicken Patty Sandwich with Pickles, Lettuce and Tomato 2 Cup Oven Baked Potato Wedges Gluten Free Option Gluten Free Bun	
			2 MATO			
					Meatball Pizza	
Classic Cheese Offered Daily All pizza have Roma Herb Blend Gluten Free Pizza Available					GUINN ARE	
	SO DELI					
		Salads offer	red with two whole grain	n dinner rolls		
_					Chicken Caesar Salad Wrap	
SO DEL					<u>Gluten Free Bread</u> <u>Available</u>	
			EXTRA EXTRA	Q		
	AVAILABLE DAILY WITH EVERY MEAL					
SO.					Green Peas	
155.					Classic Potato Salad	
					Fresh Whole Fruit	
A D					Assorted Chilled Fruit	

K-12: THE 5 MEAL COMPONENTS FOR A SCHOOL LUNCH ARE MEAT/MEAT ALTERNATE, GRAIN, FRUIT, WEGETABLE AND MILK CHOICES THAT INCLUDE 1% WHITE, SKIP RAWBERRY, SKIM CHOCOLATE.





CHOOSE AT ATLEAST 3 INCLUING: 1/2 CUP OF FRUIT OR VEGETABLE AND AT LEAST TWO OTHER FULL COMPONENTS. FOR BEST NUTRITION:

CHOOSE ALL 5!!!

Visit:

Visit aces.nutrislice.com to see your menu!









Whitney Academy/Whitney High North: : March 4-9

	Monday	Tuesday	Wednesday	Thursday	Friday			
	AMERICAN CLASSIC							
create	Classic American Cheeseburger Sliced Red Onions Sliced Tomatoes Chopped Romaine ½ Cup Seasoned Fries Gluten Free Option Gluten Free Bun	Two Soft Chicken Tacos Shredded Lettuce Diced Tomatoes Shredded Cheddar Salsa and Sour Cream ½ Cup of Seasoned Black Beans	Grilled Cheese Tomato Soup Gluten Free option Gluten Free Bread	Chicken Tenders ½ Cup of Mashed Potatoes with Homemade chicken gravy Garlic Bread Gluten Free option Unbreaded Chicken and Gluten Free Bun Garlic Bread	Beef Hot Dog ½ Cup of Boston Baked Beans Gluten Free option Gluten Free Bun			
		2 MATO						
0	Sausage Pizza	Sausage Pizza	Sausage Pizza	Sausage Pizza	Sausage Pizza			
C mat	Classic Cheese Offered Daily All pizza have Roma Herb Blend Clutton From Pizza Available							
	Gluten Free Pizza Available							
	SO DELI Salads offered with two whole grain dinner rolls							
	Salada officied with two whole grain diffici folia							
	Turkey Ranch Wrap	Buffalo Chicken Salad Two Whole Grain Dinner Rolls	Tuna Salad Sub with Romaine Lettuce and Sliced Tomato	Ham and Turkey Chef Salad Two Whole Grain	Chicken Caesar Salad Wrap			
ЙШ	Gluten Free Bread	Gluten Free Option	Gluten Free Bread	Dinner Rolls	Gluten Free Bread			
ND	<u>Available</u>	Gluten Free Bread	<u>Available</u>	Gluten Free Option	<u>Available</u>			
		(400)	unn unn	Gluten Free Bread				
	EXTRA EXTRA							
				V				
	Freeh Clies d Cusumber		BLE DAILY WITH EVER		Cusan Daga			
<u>60.</u>	Fresh Sliced Cucumber	Fresh Pepper Strips	Fresh Caesar Salad	Fresh Broccoli	Green Peas			
<u></u>	Fresh Sliced Cucumber Fresh Baby Carrots				Green Peas Classic Potato Salad			
extra.		Fresh Pepper Strips	Fresh Caesar Salad	Fresh Broccoli				

K-12: THE 5 MEAL COMPONENTS FOR A SCHOOL LUNCH ARE MEAT/MEAT
ALTERNATE, GRAIN, FRUIT, VEGETABLE AND MILK CHOICES THAT INCLUDE 1%
WHITE, SKIM STRAWBERRY, SKIM CHOCOLATE.
Vegetarian

Locally Grown

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Whitney Academy/Whitney High North: March 11-14

	Monday	Tuesday	Wednesday	Thursday	Friday	
			AMERICAN CLASSIC			
create	Chicken Nuggets ½ Cup of Mashed Potato Home-made Chicken Gravy 1 WG Garlic Bread Gluten Free option Unbreaded Chicken Gluten Free Bun	Beef Nachos Shredded Romaine Diced Tomatoes Salsa and Sour Cream	Steak and Cheese 2 Cup Sweet Potato Fries Gluten Free option Gluten Free Bun	The Perfect Sloppy Joe ½ Cup Herb Roasted Potatoes Gluten Free Option Gluten Free Bun	PROFESSIONAL DEVELOPMENT	
0			2 MATO			
mat	BBQ Chicken Pizza	BBQ Chicken Pizza	BBQ Chicken Pizza	BBQ Chicken Pizza		
	Classic Cheese Pizza Offered Daily					
	All pizza have Roma Herb Blend					
	Gluten Free Pizza Available					
	SO DELI					
	Salads offered with two whole grain dinner rolls					
SO DELI	Turkey Ranch Wrap Gluten Free Bread Available	Buffalo Chicken Salad Two Whole Grain Dinner Rolls Gluten Free Option Gluten Free Bread	Tuna Salad Sub with Romaine Lettuce and Sliced Tomato Gluten Free Bread Available	Ham and Turkey Chef Salad Two Whole Grain Dinner Rolls Gluten Free Option Gluten Free Bread		
	EXTRA EXTRA AVAILABLE DAILY WITH EVERY MEAL					
	Fresh Sliced Cucumber Fresh Pepper Strips Fresh Caesar Salad Fresh Broccoli					
	Fresh Baby Carrots	Fresh Grape Tomatoes	Fresh Celery Sticks	Fresh Garbanzo Beans		
XX	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit		
100 W	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit		

K-12: THE 5 MEAL COMPONENTS FOR A SCHOOL LUNCH ARE MEAT/MEAT ALTERNATE, GRAIN, FRUIT, VEGETABLE AND MILK CHOICES THAT INCLUDE 1% WHITE, SKIM STRAWBERRY, SKIM CHOCOLATE.

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Vegetarian Locally Grown









Whitney Academy/Whitney High North: March 18-22

	Monday	Tuesday	Wednesday	Thursday	Friday			
	AMERICAN CLASSIC							
create	Popcorn Chicken ½ Cup of Cajun Seasoned Potato Wedges 1 WG Warm Dinner Roll Gluten Free Option Unbreaded Chicken Gluten Free Bun	Cheese Quesadilla ½ Cup Steamed Golden Corn Salsa and Sour Cream	Chicken Patty Sandwich 2 Cup of Seasoned Crispy Fries Sliced Tomatoes Chopped Romaine Gluten Free Option Gluten Free Bun	Savory Baked Stuffed Potato with Broccoli, Ham and Shredded Cheddar Cheese With Two Warm Dinner Rolls Gluten Free Bun Available	Italian Meatball Sub ½ Cup Oven Baked Sweet Potato Fries Gluten Free Option Gluten Free Bun			
		2 MATO						
o,	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza	Pepperoni Pizza			
T _{man}	Classic Cheese Pizza Offered Daily All pizza have Roma Herb Blend Gluten Free Pizza Available							
	SO DELI							
	Salads offered with two whole grain dinner rolls							
~	Turkey Ranch Wrap	Buffalo Chicken Salad Two Whole Grain Dinner Rolls	Tuna Salad Sub with Romaine Lettuce and Sliced Tomato	Ham and Turkey Chef Salad Two Whole Grain	Chicken Caesar Salad Wrap			
SE SE	Gluten Free Bread	Gluten Free Option	Gluten Free Bread	Dinner Rolls	Gluten Free Bread			
V10	<u>Available</u>	Gluten Free Bread	<u>Available</u>	Gluten Free Option	<u>Available</u>			
	(alian)	ann Maria	(u)min	Gluten Free Bread	Gin his			
	EXTRA EXTRA							
	AVAILABLE DAILY WITH EVERY MEAL Fresh Client Converted Fresh Revere Strick Fresh Fresh Rever Fresh Fresh Rever Fresh Fr							
ige.	Fresh Sliced Cucumber Fresh Baby Carrots	Fresh Pepper Strips Fresh Grape Tomatoes	Fresh Caesar Salad Fresh Celery Sticks	Fresh Broccoli Fresh Garbanzo Beans	Green Peas Classic Potato Salad			
XX	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit			
O	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit			

K-12: THE 5 MEAL COMPONENTS FOR A SCHOOL LUNCH ARE MEAT/MEAT ALTERNATE, GRAIN, FRUIT, VEGETABLE AND MILK CHOICES THAT INCLUDE 1% WHITE, SKIM STRAWBERRY, SKIM CHOCOLATE.

Vegetarian



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Whitney Academy/Whitney High North: March 25-28

	Monday	Tuesday	Wednesday	Thursday	Friday		
			AMERICAN CLASSIC				
Create	Breaded Drumstick Steamed Seasoned Green Beans 1 Whole Grain Dinner Roll Gluten Free Option Gluten Free Bun	Beef Tacos Shredded Lettuce Fresh Diced Tomatoes Shredded Cheddar Salsa and Sour Cream ½ Cup Steamed Golden Corn Ground and Pureed Diets Baby Carrots	Whole Grain Baked Ziti ½ Cup Steamed Broccoli 1 Whole Grain Dinner Roll Gluten Free Option Gluten Free Pasta	Macaroni and Cheese ½ Cup of Steamed Cinnamon Baby Carrots One Warm Whole Grain Dinner roll Gluten Free Option Gluten Free Pasta	Gnad		
			2 MATO				
o	Buffalo Chicken Pizza	Buffalo Chicken Pizza	Buffalo Chicken Pizza	Buffalo Chicken Pizza			
mat		Classic Cheese Pizza Offered Daily					
50	All pizza have Roma Herb Blend						
	Gluten Free Pizza Available						
	SO DELI						
		Salads offer	ed with two whole grain	n dinner rolls			
	Turkey Ranch Wrap	Buffalo Chicken Salad	Tuna Salad Sub with	Ham and Turkey Chef			
~ ¬		Two Whole Grain	Romaine Lettuce and	Salad			
SE	Chatan Fara Barad	Dinner Rolls	Sliced Tomato	Two Whole Grain			
\sim	Gluten Free Bread	Gluten Free Option Gluten Free Bread	Gluten Free Bread	Dinner Rolls			
	<u>Available</u>		<u>Available</u>	Gluten Free Option Gluten Free Bread			
	GUINN HE	GUINN HE	(HE)	Glutell Tree Bread			
	EXTRA EXTRA						
	AVAILABLE DAILY WITH EVERY MEAL						
m.	Fresh Sliced Cucumber	Fresh Pepper Strips	Fresh Caesar Salad	Fresh Broccoli			
65,	Fresh Baby Carrots	Fresh Grape Tomatoes	Fresh Celery Sticks	Fresh Garbanzo Beans			
XX	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit	Fresh Whole Fruit			
. @m	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit	Assorted Chilled Fruit			

K-12: THE 5 MEAL COMPONENTS FOR A SCHOOL LUNCH ARE MEAT/MEAT ALTERNATE, GRAIN, FRUIT, VEGETABLE AND MILK CHOICES THAT INCLUDE 1% WHITE, SKIM STRAWBERRY, SKIM CHOCOLATE.

Vegetarian Loca



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