## Staff Price \$4.35

| Monday |  | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| $\begin{aligned} & \text { HAPPY } \\ & \text { NEW YEAR } \\ & \text { NONF } \end{aligned}$ | Beef Tacos <br> Shredded Lettuce <br> Fresh Diced Tomatoes Shredded Cheddar <br> Salsa and Sour Cream <br> $1 / 2$ Cup Golden Steamed Corn | Breaded Drumstick Cheezy Broccoli 1 Dinner Roll | Classic Cheese Pizza 1 cup of Garden Salad | Classic Cheeseburger $1 / 2$ Cup Steamed Corn on the Cobb |
|  | Week | 1 :1) Hot 2) Muffin Fun |  |  |
| Italian Meatball Sub $1 / 2$ Cup Oven Baked Crispy Waffle Fries | Beef Nachos Shredded Romaine Fresh Diced Tomatoes Salsa and Sour Cream | Chicken Nuggets $1 / 2$ Cup Steamed Green Beans | Pepperoni Pizza Steamed Broccoli | The Perfect Sloppy Joe ½ Cup Herb Roasted Potatoes |
| Weeks 2 :1) Hot 2) Bagel Fun Lunch |  |  |  |  |
|  | PROFESSIONAL DEVELOPMAENT | Whole Grain Crispy Chicken Tenders <br> ½ Cup Oven Baked Crispy Seasoned Fries | Classic Cheese Pizza <br> 1 Cup Caesar Salad | Macaroni and Cheese ½ Cup Savory Steamed Green Beans <br> 1 Whole Grain Dinner Roll |
| Week 3: 1) Hot Lunch 2) Nacho Fun Lunch |  |  |  |  |
| Grilled Cheese $60 z$ of Tomato Soup | Cheese Quesadilla Salsa and Sour Cream $1 / 2$ Cup Golden Steamed Corn | Whole Grain Baked Ziti One Whole Grain Dinner Roll ½ Cup Savory Green Beans | Pepperoni Pizza Steamed Broccoli | Chicken Patty Sandwich with Pickles, Lettuce and Tomato $1 / 2$ Cup Oven Baked Potato Wedges |



## Week 5: 1) Hot Lunch 2) Turkey and Cheese Hoagie with Lettuce and Tomatoes

 Fresh Fruit and Vegetable Bar (Available Daily)
$\qquad$ Fresh Caesar Salad Fresh Celery Assorted Fresh Fruit (LG) Fresh Broccoli Florets Garbanzo Beans Assorted Fresh Fruit (LG) Assorted Chilled Fruit $\qquad$ Assorted Chilled Fruit

[^0]FAT FREE CHOCOLATE.


[^0]:    THE 5 MEAL COMPONENTS FOR A SCHOOL LUNCH ARE MEAT/MEAT ALTERNATE, GRAIN, FRUIT, VEGETABLE AND MILK CHOICES THAT INCLUDE 1\% WHITE, FAT FREE STRAWBERRRY,

