What's on the Menu?

Village January Breakfast Menu





Staff Price \$4.35

choose My Plate 900 area cooperative educational services				
Monday	Tuesday	Wednesday	Thursday	Friday
HAD	2 Colby Jack Cheese Omelet Whole Wheat Toast	3 Apple Cinnamon Yogurt Parfait With Homemade Granola	4 Bagel with Cream Cheese, Sunbutter or Grape Jelly	5 Whole Grain Double Chocolate Chip Muffin
NEW YEAR			8	
	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
8 Scrambled Egg Pizza	9 Bacon, Egg, and Cheese Bagel Sandwich	10 Strawberry Banana Smoothie	11 Apple Cinnamon Oatmeal	12 Pineapple Orange Smoothie
		Honey Graham Crackers		Honey Graham Crackers
Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local
Seasonal Fruit				
	PROFESSIONAL DEVELOPMENT	Pink Lemonade Smoothie Honey Graham Crackers	Two Warm Pancakes With Crispy Bacon	Sausage, Egg, and Cheese Biscuit Sandwich
		Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice
MARTIN LUTHER KING DAY		Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
22 Scrambled Cheezy Eggs Whole Wheat Toast	23 Blueberry/Strawberry French Toast Parfait	24 Three French Toast Sticks 2 Slices Crispy Bacon	25 Banana Split Smoothie Honey Graham Crackers	26 Ham, Egg, and Cheese Bagel Sandwich
		40		
Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
29 Two Whole Grain Waffles Two Pork Sausage Links	30 Whole Grain Blueberry Muffin	31 Ham and Cheese Breakfast Burrito		FRESH
	a granded a	Bullio		FRUIT & VEGETABLE
Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit		PROGRAM
Assorted Low Sugar Cereal w/ String Cheese or Yogurt	Assorted Low Sugar Cereal w/ String Cheese or Yogurt	Assorted Low Sugar Cereal w/ String Cheese or Yogurt	Assorted Low Sugar Cereal w/ String Cheese or Yogurt	Assorted Low Sugar Cereal w/ String Cheese or Yogurt

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white, skim strawberry and skim chocolate.



Vegetarian



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