Center for Autism: November Breakfast in the Classroom (BIC) Menu Staff Price \$4.35

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Nutrigrain Bar Nutrigrain Dar Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	2 Assorted Cereals with Yogurt or string cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	3 Apple Cinnamon Yogurt Parfait Granola on the side Seasorted Fruit Juice Assorted Fruit Juice Assorted Fruit Assorted Fresh Local Seasonal Fruit
6 Whole Grain Fruit Muffin String Cheese Assorted Fruit Juice Assorted Fruit Juice Assorted Fruit Local Seasonal Fruit	7 PROFESSIONAL DEVELOPMENT NO SCHOOL FOR STUDENTS	8 Nutrigrain Bar Nutrigrain Bar Assorted Fruit Juice Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	9 Assorted Cereals with Yogurt or string cheese Solution Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	10
13 Whole Grain Fruit Muffin String Cheese Assorted Fruit Juice Assorted Fruit Juice Assorted Fruit Assorted Fresh Local Seasonal Fruit	14 Whole Grain Bagel Cream Cheese Solution Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	15 Nutrigrain Bar	16 Assorted Cereals with Yogurt or string cheese Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	17 Apple Cinnamon Yogurt Parfait Granola on the side Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
20 Whole Grain Fruit Muffin String Cheese Assorted Fruit Juice Assorted Fruit Juice Assorted Fresh Local Seasonal Fruit	21 Whole Grain Bagel Cream Cheese Sesorted Fruit Juice Assorted Fruit Juice Assorted Fresh Local Seasonal Fruit	22 Nutrigrain Bar Nutrigrain Bar Sesorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	23	24 The second se
27 Whole Grain Fruit Muffin String Cheese Image: Image: Im	28 Whole Grain Bagel Cream Cheese Image: Comparison of the second Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	29 Nutrigrain Bar Nutrigrain Bar Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit Daily Alternates	30 Assorted Cereals with Yogurt or string cheese Source of the second Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	
Assorted Low Sugar Cereal w/ String Cheese or Yogurt	Assorted Low Sugar Cereal w/ String Cheese or Yogurt	Assorted Low Sugar Cereal w/ String Cheese or Yogurt	Assorted Low Sugar Cereal w/ String Cheese or Yogurt	Assorted Low Sugar Cereal w/ String Cheese or Yogurt

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate. Visit aces.nutrislice.com to see your menu!

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Vegetarian

