What's on the Menu?

Mill March Breakfast Menu





Staff Price \$4.35

Choose MyPI	ate gov	area cooperative educational services		
Monday	Tuesday	Wednesday	Thursday	Friday
FRESH		1 Three French Toast Sticks 2 Slices Crispy Bacon	2 Bagel with Cream Cheese, Sunbutter or Grape Jelly	Whole Grain Double Chocolate Chin Muffin
FRUIT & VEGETABLE		4	(2) (8)	0
PROGRAM		Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
6 Scrambled Egg Pizza	7 Bacon, Egg, and Cheese Bagel Sandwich	8 Strawberry Banana Smoothie	9 Apple Cinnamon Oatmeal	10 Pineapple Orange Smoothie
		Honey Graham Crackers		Honev Graham Crackers
Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
Blueberry/Strawberry French Toast Parfait	14 Scrambled Cheezy Eggs Whole Wheat Toast	Pink Lemonade Smoothie Honey Graham Crackers	Two Warm Pancakes With Crispy Bacon	PROFESSIONAL DEVELOPMENT
Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	
Colby Jack Cheese Omelet Whole Wheat Toast	21 Apple Cinnamon Yogurt Parfait With Homemade Granola	22 Banana Split Smoothie Honey Graham Crackers	23 Whole Grain Apple Cinnamon Muffin	2 ⁴ Ham, Egg, and Cheese Bagel Sandwich
Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
27 Two Whole Grain Waffles Two Pork Sausage Links	28 Whole Grain Blueberry Muffin	29 Pineapple and Strawberry Smoothie with Graham Cracker		31 Sausage, Egg, and Cheese Biscuit Sandwich
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Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
Assorted Low Sugar Cereal w/ String Cheese or Yogurt	Assorted Low Sugar Cereal w/ String Cheese or Yogurt	Assorted Low Sugar Cereal w/ String Cheese or Yogurt	Assorted Low Sugar Cereal w/ String Cheese or Yogurt	Assorted Low Sugar Cereal w/ String Cheese or Yogurt

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white, skim strawberry and skim chocolate.



Vegetarian



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