What's on the Menu?

Mill July Breakfast Menu





Staff Price \$4.35

Choose MyPI	ate gov	area cooperative educational services		
Monday	Tuesday	Wednesday	Thursday	Friday
	INDEPENDENCE DAY	Bacon, Egg, and Cheese Bagel Sandwich	6\ Whole Grain Blueberry Muffin	7 Scrambled Eggs with Cheese Whole Wheat Toast
		Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
Two Whole Grain Waffles Two Pork Sausage Links	Bagel with Cream Cheese,	12 Bacon, Egg, and Cheese Bagel Sandwich	13 Whole Grain Blueberry Muffin	Scrambled Eggs with Cheese
	(2) (9)			Whole Wheat Toast
Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
17 Two Whole Grain Waffles Two Pork Sausage Links	18 Bagel with Cream Cheese, Sunbutter or Grape Jelly	19 Bacon, Egg, and Cheese Bagel Sandwich	20 Whole Grain Blueberry Muffin	21 Scrambled Eggs with Cheese
				Whole Wheat Toast
Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
Two Whole Grain Waffles Two Pork Sausage Links	25 Bagel with Cream Cheese, Sunbutter or Grape Jelly	26 Bacon, Egg, and Cheese Bagel Sandwich	27 Whole Grain Blueberry Muffin	28 Scrambled Eggs with Cheese Whole Wheat Toast
Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
Sun Men				
Assorted Low Sugar Cereal w/ String Cheese or Yogurt	Assorted Low Sugar Cereal w/ String Cheese or Yogurt	Assorted Low Sugar Cereal w/ String Cheese or Yogurt	Assorted Low Sugar Cereal w/ String Cheese or Yogurt	Assorted Low Sugar Cereal w/ String Cheese or Yogurt

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white, skim strawberry and skim chocolate.



Vegetarian



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