What's on the Menu?

Mill December Breakfast Menu





Staff Price \$4.35

Choose MyPI	ate oov	area cooperative educational services		
Monday	Tuesday	Wednesday	Thursday	Friday
FRESH				1 Whole grain Double Chocolate Chip Muffin
FRUIT & VEGETABLE				0
PROGRAM				Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
4 Scrambled Egg Pizza	5 Bagel with Cream Cheese, Sunbutter or Grape Jelly	6 Strawberry Banana Smoothie	7 Apple Cinnamon Yogurt Parfait	8 Ham, Egg, and Cheese Bagel Sandwich
	2 0	Honey Graham Crackers	With Homemade Granola	
Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit	Assorted Fruit Juice Assorted Chilled Fruit Assorted Fresh Local Seasonal Fruit
11	12	13	14	15
Two Whole Grain Waffles Two Pork Sausage Links	Whole Grain Blueberry Muffin	Pink Lemonade Smoothie Honey Graham Crackers	Two Warm Pancakes With Crispy Bacon	Sausage, Egg, and Cheese Biscuit Sandwich
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Assorted Fruit Juice	Assorted truit Juice Assorted Chilled Fruit	Assorted Fruit Juice Assorted Chilled Fruit	Assorted Fruit Juice Assorted Chilled Fruit	Assorted Fruit Juice Assorted Chilled Fruit
Assorted Chilled Fruit Assorted Fresh Local	Assorted Fresh Local	Assorted Fresh Local	Assorted Crimed Fruit Assorted Fresh Local	Assorted Fresh Local
Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit
18 Scrambled Cheezy Eggs Whole Wheat Toast	19 Blueberry/Strawberry French Toast Parfait	20 Three French Toast Sticks 2 Slices Crispy Bacon	21 Banana Split Smoothie Honey Graham Crackers	22 Bacon, Egg, and Cheese Bagel Sandwich
		4-3		
Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice	Assorted Fruit Juice
Assorted Chilled Fruit Assorted Fresh Local	Assorted Chilled Fruit Assorted Fresh Local			
Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit
25	26	27	28	29
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	5		The state of the s	
	15	appy Holiday	vs1	
Assorted Low Sugar Cereal	Assorted Low Sugar Cereal .	Assorted Low Sugar Cereal	Assorted Low Sugar Cereal	Assorted Low Sugar Cereal
w/ String Cheese or Yogurt	w/ String Cheese or Yogurt			

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white, skim strawberry and skim chocolate.



Vegetarian



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